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OPP east region wrap-up Festive R.I.D.E campaign **Terry Tinkess** Record Staff

SMITHS FALLS Ontario Provincial Police (OPP) officers across East Region arrested another 10 impaired drivers during the final week of the Festive RIDE (Reduce Impaired Driving Everywhere) campaign.

This brings the preliminary total to 113 motorists charged with impaired driving since the initiative began Nov. 21, 2024.

Chief Superintendent Lisa Wilhelm, OPP East Region Commander says that while the holiday program is over, the work of the OPP in stopping impaired drivers will continue.

"While Festive RIDE may be over, OPP members across East Region will continue to hold RIDE programs and be on the lookout for those who choose to endanger lives by driving while impaired," said Chief Superintendent Wilhelm. Even one impaired driver on the roads is one too many. I want to acknowledge the dedication and commitment of our officers who conducted RIDE programs over the holiday season. Their efforts helped keep our roadways safe.'

Officers conducted nearly 1,200 Festive RIDE programs across eastern Ontario, stopping vehicles to ensure the drivers were not impaired by alcohol or drugs.

In addition to the impaired driving arrests, officers also issued a total of 29 warning-range suspensions, resulting on those drivers being issued licence suspensions and having their vehicles impounded.

RIDE programs don't stop after the holidays. They can happen anywhere, anytime. If you suspect someone is driving impaired, call 9-1-1. You could be saving lives.





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The return of a local tradition in Morrisburg

This year the Morrisburg Waterfront Committee decided to bring back a tradition to gather all the discarded Christmas trees, and with the help of the fire department and other volunteers to have a celebration involving a bonfire along the beach. South Dundas firefighter Bill Chafe is seen in this photo feeding the flames slowly to allow the event to last just a little longer.

13th year for Open Mic Café at Winchester's **Old Town Hall**

Terry Tinkess

Record Staff

WINCHESTER - I love everything about Winchester's Old Town Hall. The building has so much history and so much character. On a chilly January Sunday afternoon, it was a good place to be. There was a theatre rehearsal going on upstairs, but as you walked in the door the smell of freshly brewed coffee let you know that it must be an openmic café Sunday.

Ann Brady is the driving force behind the Open Mic Café. "Actually, it's the North Dundas Arts Council that runs things," says Brady. "But I'm the North Dundas Arts Council."

The café is beginning its thirteenth year in 2025. They did take a break during Covid, like most of the world, but

Continued on page 3

The return of a local tradition: Christmas tree bonfire on the beach attracts large crowd

Terry Tinkess

Record Staff

MORRISBURG – I don't think there is anything that looks much sadder than a Christmas tree that has been dropped at the end of the driveway in early January. What only days before was the focus of so many family gatherings and happy memories is now something to just be discarded and left to decompose, bits of tinsel, garland, or the odd overlooked ornament the only hint of the meaning it once held.

Years ago, (around 2012 or there abouts according to Deputy Mayor Marc St. Pierre), it was a tradition in Morrisburg to gather all the discarded trees, and with the help of the fire department and other volunteers to have a celebration involving a

bonfire along the beach. Like many things, it died off at some point, but this year the Morrisburg Waterfront Committee decided to bring it back and add a little bit of fun, warmth, and light to that period after the holidays when many people could use a little boost.

Nancy Waldroff of the Morrisburg Waterfront Committee says the committee felt this event was keeping with their goal of promoting activities along the waterfront.

"This used to be a thing in the past," said Waldroff. "But that was many years ago, and then it kind of died. We thought, because we want to have lots of activities at the waterfront, things that are free, fun, and

Continued on page 3





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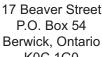


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Open Mic Café

Continued from the front

they came back when things started to return to normal, so that they could offer the unique opportunity that is far too difficult to find. Admission is free, coffee is \$1.00, the venue is accessible. and everyone is welcome. Restrictions on the entertainment? Well, there are none. You can sing, play an instrument, dance, or even read from something you've written. In the style of coffee houses around the world, the first step is getting in front of the mic, and what happens from there, well, who knows, and you'll never know if you don't try.

Something else that sets this open mic café apart is that it is dry (no alcohol), which means there are no age restrictions on who is allowed entry. Brady says that as far as she is aware there aren't many that can make that claim.

"We've had young kids coming here because we're alcohol free," said Brady. "We're a dry Coffee House. There's three of us in the Ottawa Valley that we know of, and apparently CBC, or CFRA is going to do a little feature about that.

"But because of that, we can



Fern Lafontaine from Moose Creek was one of two first time performers at the Winchester Open Mic Café in the Old Town Hall. He performed three songs, including one by Marty Robbins. Tinkess Photo welcome all ages here, and a lot of

people bring their service dogs, and they

sleep under the tables."

Brady has tried to recreate the feel of 1960's coffee house, like the renowned Café Le Hibou coffee house in Ottawa's Byward Market which frequently hosted the likes of Neil Young, Joni Mitchell, Murray McLauchlan, Leonard Cohen, and Bruce Coburn. Gordon Lightfoot



Kathy Anderson performed one song by John Denver and another by Gordon Lightfoot in her first appearance at the Winchester Open Mic Café.

Tinkess Photo

even performed there early in his career.

And while the talent at the Old Town Hall isn't quite that calibre, it still captures that magic that anyone brave enough to get in front of a crowd experiences. We all like to dream.

Part of the magic comes from the venue itself, and full credit to everyone who prevented the Old Town Hall from disintegrating like so many classic venues who had "outlived their usefulness."

"That was one of the things when, when I first moved out here," said Brady. "This was just a cobwebbed space. I moved out here almost 19 years ago, and I took over the open mic summer series because there was a student just doing it as a thing with the township. I said, well, I'll keep it going. So, I did, and that was in August 2012.

"We used to have it inside the theater," adds Brady, "One night there was hardly anybody here, and one of the musicians said, why don't we sit out here, (in the lobby area) so Anne can hear the music too? All of a sudden it flashed, let's put it here, and we've been here ever since, and it's so much nicer. People really like this ambience."

For the first show of 2025 there are only a handful of people, but two of the performers are new to the Open Mic experience. Fern Lafontaine, from Moose Creek performed three songs in his first set, accompanying himself on guitar. He was followed by Kathy Anderson from Winchester, also a guitarist and a fan of John Denver and Gordon Lightfoot. Both did very well.

For more information on Open Mic at the Old Town Hall in Winchester, you can find them on Facebook at facebook.com/winchesteropenmiccafe.

Christmas tree bonfire

Continued from the front family oriented, why don't we try this?

While it wasn't as mild as it has been earlier in the week, there was very little wind and there was a light snow falling, which set the mood perfectly. The fire department was there for safety reasons but also took care of setting up the first bunch of trees, getting the fire started and then feeding the flames in a safe and controlled fashion. The Morrisburg and District Lions Club provided the hot dogs and the hot chocolate, which proved to be extremely popular.

Mayor Jason Broad tries to get to as many community events as possible and this was no exception. "It's a great way to start the New Year," said Mayor Broad.

DEJONG

STUMP REMOVAL



The initial bunch of trees stood silently, until the moment the flames touched the lowest boughs.

getting out and enjoying the park, and it's great for families because there is no cost.'

Councillor Cole Veinotte was in attendance as well and was busy helping place the trees and when the time came, he got the fire started.

If you've ever seen a It's nice to see people dry Christmas tree burn, fire, which, fed at a steady make sure the fire was out

> **MARTY LITTLE** 613-298-4934

you know it goes up very quickly. When you've got 15-20 in a pile, well, it certainly takes the chill

Between the barricades and the firefighters, everyone was kept at a safe distance and with no wind, the smoke drifted up and away, leaving the



Approximately 225-250 people took the time to help create a new tradition in Morrisburg, the Christmas tree bonfire on the beach. Tinkess Photo

held everyone's attention.

Almost as quickly as they appeared the 250 or so people in attendance started to drift away. The show didn't last that long, but from talking to residents over the past week it was much anticipated.

With the trees burned, the hot chocolate and the hot dogs just a pleasant memory, all that was left was for the firefighters to

will be sufficient interest January.

pace by the firefighters, and the volunteers to in making the Christmas clean up a bit. Another tree bonfire an annual day, another job well tradition once again. You done. As for next year, I can never get enough would expect that there warmth and light in early



to the following customers who were winners in our Christmas draw

Monica Fife Jordan Doran **Brad Bingley** Martin Winiger Shelby Holtrop Janet Levere

Amy Dewar Samantha Stubbings Carol Ace Jenny Berube Pete Monast Al Porteous

Wayne Sharpley **Bob Theriault Greq Shepherd** Blair Mcmillan Brenda King

Christina Hayes





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MICHELIN

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EDITORIAL&Opinion

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Navigating anxiety while coping with economic and political turbulence

The world feels heavier reality. these days. For many Canadians, the headlines are no longer just stories they're triggers for sleepless nights, mounting anxiety, and a persistent sense of unease. Economic and political uncertainties both at home and across the border are leaving individuals grappling with questions about their futures and their ability to navigate an increasingly precarious

coming to an end!

issues.

found in most things.

Happy New Year!

There is nothing quite like the approach of a new

2024 has been quite a year for this world in many

year to make one take a look at the year which is

different ways. There seems to be an increase in

conflicts both on the global and more local scale. There

is little need to go into them in much detail because

everyone must know of the regional wars which have

erupted throughout the world and the devastation which

has accompanied them for the people on either side of

the conflict. In our neck of the woods there have been

almost daily accounts of things which have a negative

impact on us regardless of where a person stands on

happened in 2024 one may ask, perhaps expecting a

response that there have been few good things to report.

I have come to the conclusion that a lot of times if you

look a bit below the surface that there is good to be

much that one hardly knows from hour to hour what the

cost of a litre will be. I do a lot of driving and the high

cost of gas is somewhat negative to me. However, I

have a car to put the gas in which enables me to drive

and many people are unable to easily put food on their

table, with some not having a table to put it on or a

house to live in. What can be done about this we often

wonder as we sit in our warm house and enjoy a bite or

two. While you may not be able to effect the changes

which are needed to help those in troubled times, you can on a very basic level help those who require

assistance. Make a charitable donation to an agency or organization, volunteer your time and knowledge, remembering that every little bit when combined with

2025 has arrived with people celebrating either

quietly or at elaborate parties its arrival. An opportunity

of filling the days of the new year with sadness or joy,

with the choice up to the individual in many cases. It is

up to each one of us to ensure that we recognize the

good which happens on a daily basis, while

acknowledging there will always be negativity to

endure. If every single second, minute, hour and day

were totally perfect, then would we really appreciate

our life or learn life's lessons? As the "old" song says,

"the answer my friend is blowing in the wind."

The cost of goods and services continues to climb

places and some people don't have that opportunity.

Take for instance the cost of gas which fluctuates so

What are some of the good things which have

We find ourselves in the throes of political speculation. Prime Minister Justin Trudeau, once a beacon of progressive politics, now faces an uncertain future. His popularity has waned after nearly a decade in power, and many Canadians are left wondering who might replace him. Enter Pierre Poilievre, leader of the Conservative Party of

populist rhetoric and calls for fiscal restraint have gained traction among those disillusioned with the current government, his vision for Canada remains unclear to many. This lack of certainty about what his leadership might mean only fuels public anxiety. "Anything is better than the status quo," doesn't seem like much of a plan, but unfortunately that seems to be where we are.

South of the border, the political landscape is equally unsettling. President-elect Donald Trump's rhetoric has once again stirred the pot. His comments about Canada being the "51st state," his penchant for imposing tariffs, and his focus on "America First" policies remind Canadians of past economic shocks and irrational behaviour of his administration. Add this to the already sky-high cost of living, still high interest rates, and global inflation, and it's no surprise that people feel like they're holding their breath, waiting for the next blow.

Economic and political uncertainty isn't just a news story; it's a mental health crisis in the making. Psychologists point to the concept of "ambient stress" to describe how ongoing uncertainty-even without direct personal impact—can seep into every corner of life. The fear of losing a job, worrying about mortgage payments, or

Canada. While Poilievre's wondering how new financial challenges. Taking policies will impact household budgets creates a cumulative effect that wears people down over time.

In a survey conducted by Mental Health Research Canada, nearly half of Canadians reported an increase in anxiety symptoms over the past year. Financial worries were cited as a top concern. The unpredictability of leadership transitions, both domestically and abroad, only exacerbates these feelings. People are left to navigate an emotional storm fuelled by what-ifs and worst-case scenarios, and this doesn't even consider any personal issues being dealt with.

While it may feel like so much is out of our control, there are proactive steps individuals can take to manage their anxiety and regain some sense of control, albeit limited. You can't just bury your head in the sand, but you can filter how much you let in.

It's easy to fall into a doom-scrolling spiral, consuming news that only amplifies feelings helplessness. Consider setting boundaries around how and when you consume news. Allocate a specific time each day to catch up on current events, and avoid checking the news right before bed. Avoid shock journalism providers and websites that see a conspiracy behind everything.

A significant part of economic anxiety stems from feeling unprepared for steps to better understand personal finances can alleviate some of this stress. Budgeting, trying to create an emergency fund, and seeking advice from a financial advisor are all ways to feel more in control. Organizations like the Financial Consumer Agency of Canada offer free resources to help.

One of the best antidotes to anxiety is connection. Engaging with local communities through volunteering, attending events, or simply talking to neighbours can help foster a sense of belonging. Shared experiences often remind us that we're not alone in our struggles.

Channelling frustration or anxiety into action can be empowering. Whether it's writing to your MP, attending town halls, or supporting advocacy groups that align with your values, being part of the democratic process can provide a sense of purpose. How much in our world would be different if those who didn't exercise their democratic right to vote got off their couch and did? One person can make a difference, especially when there are a huge number of them.

While individual strategies can help mitigate addressing anxiety, systemic issues is equally crucial. Policymakers must recognize the impact of uncertainty on the mental health of their constituents. Clear communication about

policies, decision-making, and a commitment to addressing economic disparities are vital steps toward rebuilding trust and stability. You must do more than just say what is wrong, you must also give concrete ways in which you can try to make it better. If gaining or holding power is your only motivation, you aren't the solution.

Similarly, media outlets have a role to play. Responsible journalism that avoids sensationalism and provides context rather than fearmongering can help people stay informed without becoming overwhelmed. Public discourse that prioritizes solutions over polarization is another critical piece of the puzzle. All of us would be well advised to do more listening and less talking and to take ownership for what we say instead of behind hiding anonymity of social media.

Despite the turbulence, Canadians have consistently demonstrated resilience. Whether it's weathering global recessions, adapting to political changes, or uniting during a crisis, our capacity to adapt and support one another is deeply ingrained in the national character.

The road ahead may be fraught with challenges, but it's also a chance to reaffirm our values and chart a course toward a better future.

Terry Tinkess

Hogmanay – celebrating the Scottish culture

Carolyn Thompson Goddard

Record Staff

WILLIAMSTOWN - Hogmanay is a celebration of the upcoming year which has been part of the Scottish culture for generations was celebrated at the Glengarry Nor'Westers and Loyalist Museum (GNWL) in Williamstown on Sun., Dec. 29.

It was a foggy evening, but that didn't deter the over 70 people of all ages who attended the family event which provides an opportunity to celebrate the new year while learning about the history of the area.

"We couldn't do it without the support of the volunteers" said Linda Sinfield who is the president of the museum's board of directors who organized the event which serves as a thank-you to the community for their continued support of the GNWL.

There was plenty of good food and

or call 613-448-2321

ages who attended the evening event. Those attending the event were able to enjoy some homemade treats made by community women which included a selection of delicious cookie, a bowl of delicious beef and barley soup or for some a hot dog cooked up by volunteer Gary Sklivas.

Outside there was the opportunity to gather around a contained bonfire or enjoy an adult refreshment served in the gazebo by Bonnie and Tina. The fireworks were organized by firefighters Roy and Chad from the Williamstown Fire Station and were set off in the early evening in the nearby fairgrounds for people to enjoy.

NWL volunteer Joyce Lewis remembers celebrating Hogmanay in her youth in Scotland. She described how there was a lot of visiting on New Year's Eve, with the people in her

good company for the people of all community gathering at the town clock to watch as the new year arrived at midnight and the first footing tradition. She noted how the first person to enter the home in the new year, the first footer, should be darkhaired and bring gifts of coal, food and drink to the household.

> As the Scottish people emigrated to other parts of the world, they brought with them many traditions which have become a part of the cultural heritage of their new homes. Events such as the Hogmanay celebration Williamstown provide an opportunity to learn about the different parts of our diverse cultural heritage.

> More information on the Glengarry Nor'Westers and Loyalist Museum can be found on their Facebook page located website www.glengarrynorwestersandloyalist museum.ca.

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Thursday, January 9, 2025

In support of WDMH

Carolyn Thompson Goddard Record Staff

CHESTERVILLE While for some Friday the 13th is considered unlucky, for Diane Lapier of Williamsburg and Jackie Ault of Brinston it was a lucky day!

On Fri., Dec. 13, The Winchester and District Memorial Hospital (WDMH) Auxiliary held two draws with Lapier

winning \$3,750 in the 50/50 draw and Jackie Ault of Brinston holding the winning ticket in the quilt draw. Funds raised from both draws will be provided to the equipment fund at WDMH.

The hand-quilted quilt was created and donated to the WDMH Auxiliary by Joan Eames, Gwen Langlotz and Patty Gunther. "We appreciate their time thanks to them we raised \$3,000 for the WDMH Equipment Fund." said with WDMH Auxiliary Board Member Marie-Claire Ivanski.

Since it's beginnings in 1947, volunteers from the Winchester & District Hospital Memorial (WDMH) Auxiliary have endeavoured to support the hospital as it provides the highest level of patient care possible.

This is achieved by

and generous donation and raising funds through the Auxiliary Gift Shoppe, located near the main entrance of the WDMH, an In Memoriam Fund, special events and providing service to visitors, patients and staff of the hospital. Funds raised are used to improve patient care as well purchase capital equipment. Equipment purchased by the WDMH Auxiliary include vital signs monitors. ultrasound equipment, patient lifts and portable x-ray equipment.



From the left: 50/50 winner Diane Lapier and WDMH Auxiliary Board Member Marie-Claire Ivanski are shown in the main lobby of WDMH. Courtesy Photo

REFLECTIONS ON COMFORT & PEACE

So [the shepherds] hurried off and found Mary and Joseph, and the baby, who was lying in the manger. When they had seen him, they spread the word concerning what had been told them about this child, and all who heard it were amazed at what the shepherds said to them. But Mary treasured up all these things and pondered them in her heart. Luke 2:16-19

Another version of verse 19 reads, "Mary kept all these things to herself, holding them dear, deep within herself." And, that's where I'd like to pause with you in this blessed Christmas season.

"Pondering" as an English word has its roots in Latin by way of Middle English and is related to weight. Its meaning includes "consider, think about, contemplate, mull over, muse, weigh in the mind, think - especially quietly, deeply". What an excellent way to pay attention! What an excellent way to approach life - our families, our friends, our work, our play and our commitment to being the hands and feet of Christ in the

To ponder is the wonder at a deep level about the real stuff of life. What aspects of your life need your devotion? Perhaps, you simply want to walk down memory lane and wonder about people and moments etched in your mind. Might you be curious about learning something new? How will you go about that new adventure? Will 2025 be the year you join a choir? Will thoughts of how you will help your neighbours lead to more volunteering and sharing loving kindness? How about spending more time praying, with family and friends, turning off your phone and listening to Mother Nature?

Mary's pondering her "storing up of treasures" must have fortified her for what came after the birth of Jesus. The Holy Family's story seems to be saying that "pondering" can prepare us for action, for relying on faith, for dealing with what happens in our lives. It's certainly a gift for every parent to wonder deeply about our responsibility to love, nurture, grow with our children through all the ages and stages of life.

What a gift pondering will be for all of us! Make room in these days of the Christmas season, as 2025 is ushered in, to make room for imagination, creativity, wonder and ponder your way to shining God's Love Light.

Christine

- OBITUARY-



CHARLES HOLMES Passed away peacefully at the Dundas

Manor Nursing Home in Winchester on Friday, January 3, 2025, Charlie Holmes of Winchester, age 91. Loving husband of Lorna Holmes (nee Black) for almost 60 years. Loving father of Diane Holmes of Barrie and Julie Holmes (Steve McKinnon)

of Almonte. Dear brother of Merle Holmes (Yvonne) of Spencerville, Ray Holmes (Doris) of Manotick, Betty Gorman (late Bob) of Greely and Don Holmes (Judy) of North Gower. Charlie will be fondly remembered by his granddaughter Cassidy Buchanan. He was predeceased by his parents Leslie and Evelyn Holmes (nee Gray), his brother Gerry Holmes and his sister Helen Duncan. He is also survived by nieces and nephews.

A private family funeral service will be held at the Marsden McLaughlin Funeral Home in Williamsburg. Donations to the Dundas Manor Nursing Home would be gratefully acknowledged by the family. If you are making your donation online or by cheque directly to the charity, please include the following note with your gift "please notify the family". Online condolences may be made at marsdenmclaughlin.com.

- OBITUARY -**CHENEY, EDNA PAULINE** (NEE BARKLEY)



Peacefully with family by her side at Erie Shores HealthCare, Leamington on Sunday, January 5, 2025. Edna Cheney age 78 of Inkerman. Beloved wife of the late Doug Cheney. Loving Mom of Lisa Cheney (Jose'Moniz) and Jamie (Myrna) Cheney. Cherished sister-in-law of Loralee Carruthers (Brian Cauvier) and Veena Barkley. Dear aunt of many nieces and nephews. Predeceased by her parents Annie and Lyle Barkley and her

brother Harold Barkley. A Visitation will be held at the Byers Funeral Home 2990 Church Street, South Mountain (613-989-3836) from 6 p.m. to 8 p.m. on Thursday, January 9, 2025, A Private Funeral Service will follow on Friday. Spring Interment Morewood United Cemetery. By family request donations in Memory of Edna may be made to C.H.E.O. Special thanks to the Dr. Dawood & Dr. Battiston and the Nursing Staff at Erie Shores HealthCare Leamington, Ontario. Online condolences may be made at www.byersfuneralhomeinc.ca.



Shirley Lang

Passed away suddenly at home on Saturday, December 28, 2024, Shirley Lang (nee Dingwall) of Finch, age 85. Beloved wife of the late Archie Lang. Dear sister of Eldred Dingwall (late Rita) of Nepean, Winston Dingwall

(Connie) of Berwick, Melissa Jackson (Ken) of Berwick, Ross Dingwall (Gail) of Finch, Harold Dingwall of Berwick, Linda Alexander (late Charlie) of Williamsburg, David Dingwall (Allyn) of Lunenburg, Helen Wall (Darrell) of Calgary and Gloria McMonagle (late Brian) of Ingleside. Dear sister-in-law of Esther Dingwall, Lucie Briere and Marge Dingwall. She was predeceased by her parents Lynden and Leila Dingwall (nee McDermid), her sisters Isobel Allison (Brian), her brothers Floyd Dingwall (Muriel), Kenneth Dingwall (Luella) and Ronnie Dingwall, her nephews Jodie Dingwall and Roger Vanier, her niece Wendy Dingwall, her father-in-law Wilfred Lang, her mother-inlaw Alice Burd, her sisters-in-law Evelyn Lang (Alex), Glenda Vanier (Eugene), Melva Lang and her brother-in-law John Dingwall. She is also survived by many nieces and nephews. A graveside funeral service was held at the Maple Ridge Cemetery in Chesterville on Saturday, January 4 at 11 a.m. A reception followed at the Royal Canadian Legion in Finch. Donations to Chalmers United Church would be gratefully acknowledged by the family. If you are making your donation online or by cheque directly to the charity, please include the following note with your gift "please notify the family". Online condolences may be made at marsdenmclaughlin.com.



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January 12th, 2025 - Worship with Rev. Lois at 9:15 a.m. at the Martintown Community Centre and at 11 a m in Chalmers Finch

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INTERIM MODERATOR: Rev. Robert Adams Email: minister@stjohnscornwall.ca www.avonmorefinch-presbyterian.ca Office Phone: 613-932-8693

January 12th, 2025 - Donna McIlveen

Services for the month of January will be held at St. Luke's-Knox in Finch at 10:30 a.m. (no services in Avonmore).

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Services also online on Facebook under "The Nation" Nationside Pentecostal Church Affiliated with the Pentecostal Assemblies of Canada

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Sunday School Classes & Nursery have resumed

Please contact the church office for information on mid-week meetings or any other questions.

ST. MARY'S ANGLICAN CHURCH

6

139 Castor St., Russell, ON Parish Office: 613-445-3226 Presiding: Rev. Anne Quick infostmarysrussell@rogers.com Website: www.stmarysrussell.ca

Sunday Service:

Holy Eucharist and Sunday School at 9:30 a.m. You can phone or e-mail the church for the invitation to attend worship via Zoom. St. Mary's Church is engaged in actively sharing God's unconditional grace and love.



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On YouTube at St. Clare Anglican.

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> Weekend Mass: Saturday 5 p.m., Sunday 10:30 a.m. Fr. Oliver Wekesa (Parish Administrator) Cindy Morgan (Parish Secretary)







Being cautious on the ice: Staying safe on Eastern Ontario waterways

Terry Tinkess

Record Staff

NORTH STORMONT – As the winter descends upon Eastern Ontario, the attraction of ice-covered lakes and rivers draws many outdoors enthusiasts for activities like fishing, skating, and snowmobiling. The early winter period, however, is filled with danger, as ice conditions can be deceptive and treacherous. Thin ice poses a significant risk, making it crucial to exercise caution when stepping onto any frozen surface.

We all understand that ice forms as water temperatures drop below freezing. However, various factors influence ice strength, including air temperature, wind conditions, water currents, and snow cover. Early in the season, ice may appear solid, but often lacks the thickness needed to support significant weight. Inconsistent freezing patterns create weak spots, increasing the likelihood of accidents.

Understanding ice thickness and its capacity to support weight is essential for safety. See the table below for a general guide.

Thin or weak ice poses several dangers:

- Hypothermia: Falling through ice into frigid water can lead to rapid loss of body heat, causing hypothermia within minutes.
- Drowning: Disorientation and the inability to climb back onto the ice often lead to fatalities.
- Unpredictable Breakage: Early-season ice may crack suddenly underfoot, leaving little time to react.

In Canada, thin ice is responsible for numerous fatalities each year. For instance, in early 2023, at least six Canadians lost their lives after falling into icy bodies of water, including two teenagers in Ottawa who drowned in the Rideau River. (Source: Global News)

Snowmobiling on thin ice also poses significant risks. Over a recent ten-year period, the Ontario Provincial Police investigated 175 snowmobile fatalities, with nearly half occurring on frozen lakes or rivers. (Source: Ontario Federation of Snowmobile clubs (OFSC)).

These statistics underscore the critical importance of exercising caution when venturing onto ice-covered waterways, especially during early winter when ice thickness is uncertain.



Tinkess Photo

There are several things you should take into consideration before venturing out onto the ice.

- 1. Know the Ice Thickness: Always measure ice thickness using an auger or ice chisel before venturing out. Relying on visual cues is not enough.
- 2. Carry Safety Equipment: Bring ice picks, a rope, and a life jacket. These tools can save your life in an emergency.
- 3. Travel in Groups: Never go alone onto the ice. Ensure someone remains onshore to assist if needed.
- 4. Stay Near the Shore: Early in the season, avoid venturing far from shore. Ice conditions can vary widely even over short distances.
- 5. Avoid Pressure Ridges and Currents: Areas with visible cracks, ridges, or moving

water are more prone to weak ice.

6. Educate Yourself: Familiarize yourself with rescue techniques and ensure children are always supervised.

If someone falls through the ice, you should:

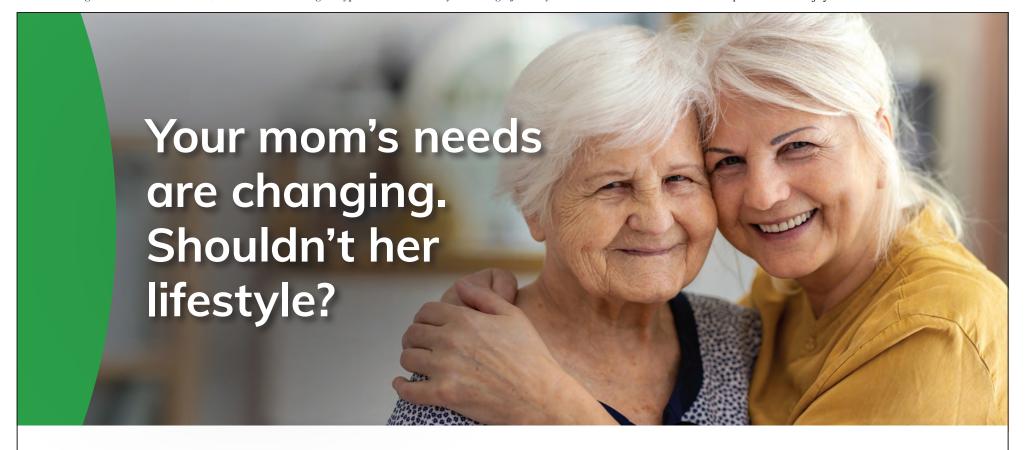
- 1. Call for Help: Contact emergency services immediately.
- 2. Reach, Throw, but Don't Go: Use a long object or throw a rope to the person instead of venturing onto the ice.
- 3. Stay Low: If you must move closer, distribute your weight by lying flat and crawling toward the person.

Local authorities and community groups play a vital role in ensuring ice safety. Posting signage near popular waterways and sharing regular updates on ice conditions can prevent accidents. Education campaigns, especially in schools, can instil the need for safe practices in children and families.

The beauty of Eastern Ontario's winter landscape is undeniable, but it comes with responsibilities. By understanding ice conditions, adhering to safety guidelines, and exercising caution, residents can enjoy winter activities while minimizing risks. Early-season ice may be tempting, but patience and vigilance ensure that adventures on frozen waterways remain both enjoyable and safe.

Ice Thickness Activity Examples of acceptable weight Less than 5 cm (2 in) Do not venture onto the ice. Unsafe for any activity 5-7 cm (2-3 in) Walking only Single person on foot. 8-12 cm (3-5 in) Skating, ice fishing, or small groups Group skating or light ice fishing equipment. 12-20 cm (5-8 in) Snowmobiles or ATVs Recreational vehicles like snowmobiles. 20-30 cm (8-12 in) Small cars Compact vehicles (e.g., sedans). Trucks and heavier vehicles 30+ cm (12+ in) Pickup trucks, larger vehicles.

Note: These guidelines assume clear, blue ice—the strongest type. White or cloudy ice is significantly weaker and should not be relied upon.





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Four youths arrested and facing drug and other charges

Terry Tinkess Record Staff

SMITHS FALLS - Four youths are facing charges after multiple incidents stretching from Smiths Falls to Cornwall.

The incidents started early Wed., Jan. 1, 2025, when a car which had earlier been reported stolen, was involved in several reports of dangerous driving in and around Smiths Falls.

During one attempt to stop the vehicle in

Kemptville, an OPP officer narrowly avoided being struck by the car as the driver attempted to flee.

The vehicle eventually ended up going off the road in the Spencerville area. Officers arrested four individuals without further incident. A quantity of suspected cocaine, other drugs, alcohol and weapons were found in the vehicle.

The response to these incidents included officers

from the Grenville County, officer Ottawa, Leeds County and Stormont, Dundas & Glengarry Detachments of the Ontario Provincial Police (OPP) and Smiths Falls Police Service (SFPS), as well as the OPP Emergency Response Team and OPP TIME team.

- A 15-year-old female from Tay Valley Township has been charged with:
- Possession of a weapon for a dangerous purpose
 - Flight from a peace Schedule 1 substance

- Dangerous operation of a vehicle
- Possession of a Schedule 1 substance
- Possession of a Schedule 3 substance
- Failure to comply with an undertaking A 15-year-old male, a

15-year-old female, a 12year-old female, all from Smiths Falls, have been charged with:

• Possession of a

• Possession of a Schedule 3 substance

• Possession of proceeds of property obtained by crime-over \$5000

The 15-year-old male faces an additional charge of failure to comply with an undertaking. The Smiths Falls Police has also charged the male with:

- Dangerous operation of
- Flight from a peace
- Possession of property obtained by crime-over

Two of the accused were held for bail hearings, while the other two were released with scheduled court appearances.

The OPP can confirm that the incidents are connected to earlier Smiths Falls Police Service reports of missing teenagers. The names of the accused cannot be released or reported under the terms of the Youth Criminal Justice

Another incident in the City of Cornwall remains under investigation.

New year, new baby at WDMH

Carolyn Thompson Goddard Record Staff

WINCHESTER - Grace and Robert Craig welcomed their son Charles into this world at 4:29 a.m. on Jan. 1, 2025, with Charles being the first baby born in 2025 at the Winchester and District Memorial Hospital.

"We are so grateful to have helped Grace and Robert welcome Charles into the world!" commented members of the WDMH team in the Jan. 2nd press release from WDMH. "I'd rather run my third ironman than do that again," said Mom Grace. She continued how the "Winchester Hospital made the most difficult marathon much more bearable. Thank you to all the staff for helping us safely deliver our bundle of joy. Happy New Year!"

The press release also noted that on Christmas Day of 2024, Kadi Al-Deewan was born at 11:09 p.m. on Dec. 25. It continues

saying"Kadi's parents say it was a beautiful, comfortable, experience as they welcomed their third baby into the world at WDMH and they thanked Dr. Deeb and the amazing family birthing team!"

The WDMH team noted how this was the third child delivered in

Winchester for the family, continuing how "We are happy to be part of the family birthing unit with an excellent multidisciplinary team. Always joyful and giving; making the patients and families have a great experience in this wonderful small community hospital."



Mom Grace and Dad Robert hold their son Charles who was born at WDMH in the early hours of Jan. 1, 2025. Courtesy Photo



www.therecordnews.ca



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Rockets continue to roll along victory road

Terry Tinkess Record Staff

CHESTERVILLE - The North Dundas Senior Rockets started 2025 the same way they finished 2024: with a win.

The opponent this time was the South Stormont Mustangs who ended up on the wrong end of a 6-3

The Rockets never trailed in the game and led 2-1 by the end of the first period on goals from Peter Mott (Tanner Williams, Deric Boudreau) at 7:40 and Eric Locke (Matthew Cowley, Kevin Lough) at 12:46. Yanick Lalonde (Dillon Barr, Isaac Barr) got South Stormont on the board at 14:42.

Mitchell Gibson gave the Rockets a two-goal advantage at 5:45 of the second period with a shot from the slot that found its way past Dimitri Pelekos, who was recently obtained along with forward Dylan Stacey from the Glengarry

Pipers. In return the Pipers obtained goaltender Cory Garrow, defensemen Storm Adams, Tye Terrence, and

Locke and Fabian Walsh assisted on Gibson's goal.

The Mustangs would tie things up before the end of the period with Brendan Jacome scoring at 9:33 with Isaac Barr and Dillon Clemen assisting, while Yanick Lalonde added his second goal of the game at 14:20 with assists going to Tanner Spink and Clemen.

The third period was all Rockets with the home team scoring three unanswered goals. Gibson got things started at 3:53 with assists going to Locke and Walsh. Walsh then added one of his own, with Gibson and Locke assisting at 14:42. Michael Mcnamee would wrap things up with an unassisted marker at 16:11.

Penalties did not prove to be a factor in the game as all nine goals were scored five-on-five.

Matt Jenkins picked up the win for North Dundas, stopping 33 of 36 shots while Pelekos took the loss, stopping 49 of 55 shots.

Gibson, with two goals and an assist earned first star honours, while Locke, with three assists was second star. Dillon Clemen, with two assists for South Stormont was third star.

The Rockets next game will be a rare evening encounter against the Paugan Falls Rapids on Fri., Jan. 10, at 7:30 p.m. in Chesterville. The game is a rescheduled match from the Rockets home opener in September.

The 2024-2025 EOSHL All-Star game will take place on Saturday, January 11 at the Alaine Chartrand arena in Prescott. Rockets' Derek Froats, Michael Mcnamee and Mike Byrd will represent North Dundas, with Froats wearing the "C". Game time is 4:00 p.m.

number of zones to simplify development and increase



Mitchell Gibson (left) scored the Rocket's third goal of the game in the second period against the South Stormont Mustangs. The Rockets would go on to win 6-3.



Supporting their community

Royal Canadian Legion Branch 370 in Iroquois were quite busy over the holiday period. In addition to providing funds to several local organizations, including Dundas County Hospice, the Legion hosted a turkey luncheon for the community on Sat., Dec. 21, a New Years Eve celebration as well as a New Years levée on Jan. 1. For those who enjoy a bowl of chili, RCL Branch 370 is hosting their annual Chili Cook-off on Feb. 1 with more information available on their Facebook page. From the left: There was a great turnout for the turkey dinner at the Iroqouis Legion, with Claude Lavoie, Gaile and Peter McCooeye along with Ted and Sandie Decker seen enjoying the full course turkey meal.

Thompson Goddard Photo



March 2024

Public consultations held on South Stormont zoning by-law consolidation

LONG SAULT - On Feb. 28 two public open houses, one in the afternoon and the other in the evening, were held concerning the updating and consolidation of the South Stormont zoning by-laws.

South Stormont Director of Planning and Building Karl Doyle and Junior Planner Amanda Davidson were available to speak with following the presentation as well as several story boards providing details on the process and timelines of the project.

"This is a very important document" said Doyle, continuing how it will guide the community into the future. There will be multiple opportunities for public engagement in the process, with discussions underway with stakeholders and a survey conducted to facilitate discussion.

Doyle explained that when looking at zoning in the rural areas of the municipality, consideration was given to aiding in the promotion of on- farm diverse business opportunities such as agriculture related activities and agritourism.

The proposed changes were summarized on a story board. These include the simplification and updating of definitions Sevita, we are very thankful to reflect policy changes, land uses and trends; reducing the that there were no injuries to

flexibility and to ensure compliance with the Official Plan Land Use designations. Storyboards also provided information on the changes which could affect both the rural and urban settings in the municipality.

Sevita International's

Inkerman facility suffers fire damage

INKERMAN - North Dundas Fire Services was alerted at approximately 3:00am on Thursday, February 22nd of a fire at the storage building at Sevita International, located on Sandy Row Road in Inkerman. The fire required an allstation response from the North Dundas Fire Department, as well as collaboration from nearby fire services. Aerial support from the North Grenville Fire Department and water tanker support from the South Dundas Fire Department.

Through the efforts of North Dundas' firefighters and the support received from their neighbours, the fire was contained by 7:30 p.m. There were no reported injuries among any

where the fire originally started suffered significant damage and was deemed a total loss, in addition to heatrelated damage to existing

"Although this fire will have a devastating impact to

anyone onsite, "noted North Dundas' Fire Chief Kreg Raistrick. "Our department appreciated the support we received from North Grenville and South Dundas in battling this fire, as well as from Winchester Foodland for the generous donation of food and drinks to the firefighters and support staff who were onsite."

In Inkerman, Sevita International produces food-grade soybean that is exported throughout the world, using leading technology for conditioning crops to the rigid specifications for their customers. They are an integral partner in the local farming community for the purchase of product from local farmers and are a significant employer in North Dundas. They have seed and export facilities in Woodstock and Inkerman, Ontario.

Continued on page 9

employees or first responders involved. The storage building

storage silos.



Dear Subscribers.

Due to the upcoming Canada Post pricing increase, we are having to raise the price of our yearly subscription to \$50 plus GST, as of February 1st, 2025. You will have until January 31st, 2025 to renew your subscription without an increase.

The cost in the retail outlets will also be going up to \$1.25 plus GST, per newspaper, on February 1st, 2025.

We are sorry for any inconvenience that this may cause and value





Thursday, January 9, 2025



Solar Eclipse expected to boost tourism in South Dundas

MORRISBURG – At their regularly scheduled meeting held on Wed., March 6, 2024, South Dundas Council discussed the solar eclipse that will experienced in the area and the preparations required to deal with an expected influx of visitors.

On April 8, 2024, at approximately 3:24 p.m. South Dundas will be part of the narrow band that will experience a once-in-a-lifetime event, a total solar eclipse. The narrow band, known as the 'path of totality' will transit across the region, as the moon completely blocks the sun and turns day into night for a little more than two minutes. Municipalities in Ontario that are within this narrow band of totality are bracing for a mass migration of eclipse enthusiasts that are expected to travel to view the spectacle.

According to Mayor Jason Broad, it is important that the community be prepared for what may occur. "Tens of thousands of people could visit our region and we wanted to get plans in place for emergency response," said Mayor Broad.

Staff have been identified in Parks, Recreation, Facilities, Roads, Water/Wastewater, and some administrative staff to work outside of their regular scheduled hours to ensure availability to the public if an emergency does occur. All Municipal vehicles will be fueled in advance of April 8 and strategically parked so they can respond to calls, if needed. Additionally, the Fire Chief in collaboration with Brockville dispatch will be completing testing on the backup systems for 911 dispatch in the event of a communication network failure.

"With the potential of emergencies during a gridlock, we need to be ready," stated Deputy Mayor St. Pierre.

Dundas Seed, Forage & Agriculture Show held in Chesterville

CHESTERVILLE – There was a lot to see and do during the Dundas Seed, Forage and Agricultural Show (DSFAS) hosted by the Dundas Soil and Crop Improvement Association at Royal Canadian Legion Branch 434 in Chesterville on Fri., March 8.

Adrian Lee, chair of the DSFAS, explained the event featured 33 vendors with over 125 people showing up throughout the day. He noted 25 agricultural SHISM students at North Dundas District High School attended the show with staff members. Volunteers from Timothy Christian School in Williamsburg provided a hot lunch with proceeds going to the school.

There were 25 exhibitors with 133 seed entries in the competition. Dave Pemberton was the 2024 Premier Exhibitor with 123 points with Joe and Carolyn Jansen being Reserve Premier Exhibitor with 93 points. Jim Metcalfe was the Premier 1st time exhibitor at the show.

Marionville Cabin a Sucre provides a taste of the season

MARIONVILLE – It is spring in eastern Ontario, which to many people means the sap is running, so the maple syrup can't be far behind.

Nowhere is the love of maple syrup more obvious than in the community of Marionville where each spring they take a moment to recognize the end of winter and get together to celebrate good food, good music, and good friends.

Francois Marion is the president of the Marionville Citizen's Committee and the organizer of the Cabine a Sucre event, which this year happened to fall on St. Patrick's Day. "As you can see, it's another great turnout for the Marionville Sugar Shack event," said Marion. "Last year, we had over 200 in attendance and by the sounds of it, and by the looks of it, we're going to have at least 200 again this year.

"Again, this year, excellent music, and excellent food, and we're not only celebrating the Sugar Shack, but it's a special day too, since it's St. Patrick's Day, so lots of reasons to celebrate in Marionville today."

For the record, once everything had been calculated, they had over 225 attendees.

North Dundas Rockets capture EOSHL eastern division championship

CHESTERVILLE – The Eastern Ontario Super Hockey League (EOSHL) best of five eastern division championship series between the North Dundas Rockets and the South Stormont Mustangs wrapped up late Sunday afternoon with the Rockets taking a 6-2 come from behind home ice victory over the Mustangs.

It was without a doubt a "home ice" series with each team winning the games played in their home rink. Both teams had opportunities in game three, but the Mustangs met up with a hot goaltender in Matt Jenkins who stopped all 46 shots he faced as the Rockets picked up a 5-0 victory.

Scoring for the Rockets were Jack Nevins (Chris Kushneriuk, Tanner Williams), Fabian Walsh (Michael Mcnamee, Derek Froats), Nevins, his second (Brett Gustavsen, Craig Baxter), Walsh, his second (Todd Marcellus) and Ryan Lough (Gustavsen, Mcnamee).

The North Dundas Rockets will now advance to the league final against the Gananoque Islanders, who won the western division title in four games over Smiths Falls. This will be the third consecutive time the two teams have met in the league championship round.

Day of Protest against carbon tax set for April 1

SDG – The suggestion of a "nation-wide" protest against the carbon tax is already starting to work a segment of Canada's fringe element into a frenzy, as indicated by many of the online posts promoting the day of protest.

The protest, which originated in Alberta, is in response to an increase in the carbon tax by 23 per cent on April 1, 2024. The increase will bring the price of carbon from \$65

a tonne to \$80 a tonne. The tax is schedule to rise annually by \$15 until it reaches \$170 a tonne in 2030.

While peaceful protest is a part of Canadian culture, and while this may have been the goal of organizers, it hasn't prevented any number of keyboard warriors from jumping into the fray on Facebook with comparisons of Canada in 2024 to Nazi Germany, and Prime Minister Justin Trudeau and NDP leader Jagmeet Singh to Japanese kamikaze pilots attacking US ships in World War II. Comments like "You'll be first in da oven," and "I'm prepared to die for this cause" and similar equally offensive comments are laced through the page.

The thing is, if you scroll through the list of members

(there are 150,200 in total) you see that the majority are what would commonly be described as "average Canadians." Unfortunately, most of the offensive dialogue has been contributed by an extremely small group of people.

The federal government has given no indication that they have plans to change or eliminate the carbon tax, but they must be aware of the public response, as well as the response from provincial governments. It will be interesting to see what occurs on April 1 (ironically, April Fool's Day), and whether the majority of those who show up for peaceful protest control the narrative or have it stolen from them by a radical few.

The Canadian Club of Morrisburg welcomes Angela Coleman

MORRISBURG – Members and guests of the Canadian Club of Morrisburg enjoyed an informative and interesting presentation from North Stormont resident Angela Coleman, during the club's meeting on March 20 at the Royal Canadian Legion Branch 048 in Morrisburg. Coleman is the General Manager at Conservation Ontario since September 2022, with this organization representing the 36 conservation authorities in this province.

Coleman noted it is important to make the linkages between people and issues to build a consensus as well as to discover who the stakeholders are in a situation and to consult with them. Resolving issues requires the ability to listen, to make people feel understood and to bring people together "to build the bridge between where we are and where we need to go" she explained. This can take a significant amount of time, and it is important to keep people invested in solving the problem.

She spent time talking about the importance of water, noting in some areas such as the state of Arizona this is a significant issue as the population increases. While we may not spend a lot of time thinking about it, the crisis in Walkerton a few years ago brought the issue to our front door. Food security and environmental protection are very important, with a need to look beyond individual rights to the collective rights of society. She made note of how caring for the environment needs to be considered in economic development, with everyone having a role to play in ensuring the environment is protected.



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Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a Sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

ANSWER:	9	6	1	3	9	2	1	1	8
	8	3	7	9	Þ	6	2	L	9
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	1	2	9	8	6	1	3	9	\forall
	Þ	8	9	2	3	9	1	6	L
	1	9	8	Þ	2	1	G	3	6
	9	7	S	6	8	3	9	L	Į.
	6	7	3	1	9	9	7	8	2



Thursday, January 9, 2025

Specializing in rustic, one of a kind, decor and gifts

CHESTERVILLE – If you are looking for a unique gift, then Kellys Wood Burning is the place to begin your search. Kelly Visser who owns and operates this business, located in Chesterville, explained a lot of her orders are for custom work, providing one-of-a-kind items.

"It began during covid, my oldest son and I were on lockdown and I wanted to find something fun to help pass the time. So, I ordered a wood burner to play around with and it quickly turned into a passion of mine." said Visser.

Visser explains her products are one of a kind as they are "sketched by hand and wood burned free hand. No stencils, cricut or laser." They include all sizes of live edge charcuterie boards, key holders, wedding guestbook boards, coasters, candle holders, wall art, magnetic bottle openers, serving trays, ornaments and other products, as well as handmade board butter.

Board butter is a wood conditioner which prevents cracking, repels water and helps to preserve wood's natural luster. She explained her board butter "is made with mineral oil and locally sourced bees wax", sealing and conditioning all types of

SMALL BUSINESS Spotlight



Kelly Visser, owner of Kelly's Wood Burning, is shown beside some of the gift items she has produced for her clients.

Courtesy Photo

items constructed out of wood "and can even be used for footwear!"

After choosing the wood for the project, Visser explained the wood is then sanded to create an even surface, with the design then drawn upon the prepared wood. The design is "either something that inspires me or just an idea that pops in my head" and when she is finished the sketch, the design is burned into the piece. The project is completed by adding shading which serves to bring "the design to life". If needed, rubber feet are installed on the underside of the project, as in the case of charcuterie boards, or handles added as required. The final step in the creation of a piece is the application of "a food safe finish."

For those who are investigating starting a business, she mentioned how "one of the most important things to keep in mind, is to take time to promote your business" utilizing several methods including "by word of mouth, ads, posts online, videos/reels on your Facebook Story or Instagram." She noted this business is not her full-time occupations, mentioning "it's nice to have something to keep me busy in my down time."

We encourage you to follow her Facebook page at www.facebook.com/kellyswoodburning/ or Instagram @kellyswoodburning for more information and direct message her to place an order.

If you would like to have a light shined on your business, please contact us at: editor@etceterapublications.ca or call us at 613-448-2321.

Pin Tales

Stormont Ladies: Ladies' High Single, Judy Rombough 195; Ladies' High Triple, Hilda Gillard 519. Team Standings: Pat 170.5, Judy 143, Susan 136.5, Angela 136.5 Rejeanne 134.

Monday Men's: Men's High Single, Matt Ridge 280; Men's High Triple, Marc Robinson 741; Men's High Average, Frank Jerome/ Marc Robinson 232. Team Standings: East-Ont 101, Alley Cats 82, Raiders 77.5, Alley Rats 55, A-Team 51, Country Boys 43.5.

Defenders: Men's High Single, Blaine Symonds 244; Men's High Triple, Blaine Symonds 566; Ladies' High Single, Natalie Juhasz 215; Ladies' High Triple, Natalie Juhasz 643. Team Standings: The Missplits 180.5, Split Happens 152, Soggybottombowlers 146.5, Hasbeans 146.5, The Sixty Niners 137.5, Pin Pals 119.

Wednesday Ladies: Ladies' High Single, Mary Osborne 180; Ladies' High Triple, Mary Osborne 466. Team Standings: Corinne 225, Sharon224, Lorna 222, Mary 192, Janice 165, Deborah 154.

Finch Mixed: Men's High Single, Tyler Hunt 268; Men's High Triple, Danny StPierre 666; Ladies' High Single, Isabelle Bissonnette 216; Ladies' High Triple,

Isabelle Bissonnette 601. Team Standings: The G.G's 129, Ballers 120.5, No Name 116.5, Balls To The Wall 100, Dick Heads 99.

Thursday Seniors: Men's High Single, Ron Misener 198; Men's High Triple, Ron Misener 490; Ladies' High Single, Janet Polowich/Mary Raads/ Ria McGarrety 158; Ladies' High Triple, Ria McGarrety 425.

Avonmore Mixed: Men's High Single, Frank Jerome 261; Men's High Triple, Frank Jerome 693; Ladies' High Single, Anita Byvelds 267; Ladies' High Triple, Anita Byvelds 617. Team Standings: Mike 229.5, Mary 179, Jen 178.5, Luke 168.5, Jeannette 161.5, Monique 154.

Williamsburg Mixed: Men's High Single, Howie Loynachan 221; Men's High Triple, Gord Lutz 520; Ladies' High Single, Leslie Vanbruinessen 224; Ladies' High Triple, Leslie Vanbruinessen 548. Team Standings: Dane 96, George 89, Danny 78, Leslie 76, Tania 71, John 70.

Winchester Odd Couples: Men's High Single, Matt Ridge 246; Men's High Darryl Britton 578; Ladies' High Single, Cheyenne Lanoue 238; Ladies' High Triple, Cheyenne Lanoue 638. Team Standings: Meat Loaf 128, Mad Handicappers 110.5, The Crew 106.5, The Part Timers

103, The Youngens 102.

Youth Bowling Canada

YBC Peewees: Girl's High Single, Riley Lanoue 128; Girl's High Double, Riley Lanoue 245; Boy's High Single, Morgan Schwerdtfeger 114; Boy's High Double, Lochlan Chretien 202. Team Standings: Kings 70, Kings 67.5, Stars 51

YBC Bantams: Girl's High Single, Evane Gravel 119; Girl's High Double, Vanessa Bissonnette 210; Boy's High Single, Sam Bissonnette 128; Boy's High Double, Sam Stewart 223. Team Standings: Senators 58, Sabers 55, Leafs 50.

YBC Juniors: Girl's High Single, Kamryn Hartle 231; Girl's High Triple, Cheyenne Lanoue 548; Boy's High Single, Griffin Schwerdtfeger 193; Boy's High Triple, Griffin Schwerdtfeger 507.

YBC Seniors: Girl's High Single, Lindsay Burnett 183; Girl's High Triple, Lindsay Burnett 522; Boy's High Single, Sam Tessier 258; Boy's High Triple, Alex Robinson 601. Team Standings: Red Wings 147, Jets 141, Flames 137, Oilers 116, Blackhawks 111.



Meal and social time offered once a month

For several years, St. Matthew's Presbyterian Church in Ingleside has been serving a community supper on the first Thursday of the month. The first one for 2025 was held on Jan. 2, with members of the organizing committee Reid McIntyre mentioning there is always close to 100 people attending the meal. He mentioned that pre-reservation is required, with the dinner costing \$8.00 per person or \$15.00 for a family, but there is a space for everyone around the table. He continued how the main goal of the gathering is to bring the community together, noting "We have people arriving at 4 p.m. for a 5:30 p.m. meal" and enjoying the opportunity to socialize with friends and neighbours. A big thank you was extended to the volunteers who work to make the event happen.

Thompson Goddard Photo

HAVE YOU EVER COME ACROSS A COMMUNITY EVENT ON SOCIAL MEDIA?

But when you went to look for it a second time, it was nowhere to be found?

That's a real inconvenience, isn't it!

Sometimes we need choices and newsprint is a good one. Besides, we've always been here.

MAKE US YOUR CHOICE!

If you want to see more about what's happening in your community in print, contact your municipal representatives and tell them you want choices!

BECAUSE NOT EVERYONE LIVES ON THE INTERNET



Page 12 The Record

Public notice of a Master Plan Update for Russell Township Water and Wastewater Systems

Terry Tinkess Record Staff

EMBRUN – On Jan. 6, 2025 the Corporation of the Township of Russell (Township) made public notice that it has completed a Water and Wastewater Master Plan Update following Approach #1 for Master Plans within the Municipal Class Environmental Assessment (MCEA) process.

Master Plan The identifies recommended water and wastewater infrastructure projects to service the future growth of the Township while minimizing social, environmental. financial impacts.

The incorporates comments received from the public and agencies during the study.

The recommended water wastewater infrastructure projects are listed below by identified MCEA project type. Projects recommended by the Master Plan identified

Schedule "C" type projects will require additional project specific MCEA studies outside of the scope of this Master Plan.

Exempt:

- Water Supply Increase water supply from City of Ottawa
- Wastewater Treatment Short-Term - Process optimization of Embrun Wastewater Treatment Plant (WWTP) and Russell WWTP to improve performance. Provisional project for ammonia polishing pending optimization results and timing of long-term solution
- Linear Infrastructure Master Plan and Pumping Station Upgrades - New or upgrades to existing pumping stations, watermains and sewers in existing sites and/or right of

Projects eligible for Screening to Exempt or Schedule B:

• Water Storage and Booster Pumping Station

as Schedule "B" and (BPS) Upgrades - Expand Embrun Reservoir storage and increase firm capacities of Russell and Embrun

> Projects classed as Schedule C:

• Wastewater Treatment Long-Term - Construct a new Combined WWTP

The Master Plan Report detailing the planning process, findings, and recommendations for the study will be available for public review for 30 calendar days until February 5, 2025. The Report is available for public review on the Township website at www.russell.ca. During the 30-day review period you are encouraged to contact the Township of Russell and/or CIMA+ if you have any questions or concerns about this project.

Francois Landry for Russell Township and Bradley Young, Ph.D., P. Eng. for CIMA+ acted as project managers for the preparation of the Master



Bringing the community together

For several years, Janice Stewart with a team of community volunteers has organized a full course turkey dinner hosted by St. Mary's Anglican Church in Russell, which was held on Dec. 21 this year. The dinner included a choice of apple or egg nog as refreshments, a complete turkey dinner, dessert and mandarin oranges to enjoy. "The dinner is a gift by the community for the community" explained Stewart, who mentioned the event has been a Christmas tradition in Russell for 18 years, and is possible thanks to the overwhelming generosity of the Russell community. She wished to thank those who volunteered their time, donated food and delivered meals. The volunteers were busy throughout the day ensuring that everything was ready for people to enjoy, with some of the volunteer team taking a moment during a hectic day for their photo to be taken. From the left: Volunteers Gail Salmon, Lorraine Comeau, Mary Inglis, Nellie Kingma, Eamer Kelly-Rombough, Cherry Bekkers, Lois Durant and Raja Wysocki take a moment from their work to pose for the camera.

Thompson Goddard Photo



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