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Movember changes the face of men's health

Studies have found that men might be more tightlipped about their health than women. Men sometimes don't talk about their health because of cultural attitudes, fear or pride. As a result, men may not be able to catch illnesses at their earliest stages, which can reduce their life expectancy.

The Movember® movement gets men involved in their personal health in a fun way: by growing mustaches.

The Movember® movement began in 2003 as a way to champion men's health. Since its inception, Movember® has helped fund more than 1,320 men's health projects around the world, including changing the way health services reach and support men. Travis Garone and Luke Slattery devised the idea for Movember® when they met up for a beer in their native city of Melbourne, Australia. Since mustaches had all but disappeared from men's grooming trends at the time, the two friends felt that growing a mustache would be a way to spark conversation. Thirty men took up the challenge to grow mustaches and promote men's health in the initial Movember® effort. Today, Movember® has expanded exponentially and internationally.

The main focus of Movember® – beyond growing a mustache involves significant issues affecting men: mental health and suicide prevention, prostate cancer and testicular cancer. Participants are urged to be more physically active and host fundraising events to raise awareness about the effect these issues have on men. Movember® is a chance for men to make doctor's appointments and discuss key issues like prostate health.





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Always remember their service

A crowd gathered at Sweet Corner Park in Winchester in the late afternoon of Oct. 25 for the ceremonial launch of the 2024 Poppy Campaign by Royal Canadian Legion Branch 108 in Winchester. From the left: North Dundas Councillor Matt Uhrig, PO2 Harvey Blais, Winchester Legion Branch President Janine Fawcett, SDSG MP Eric Duncan, Major Keith Williamson, RCL Branch 108 Poppy Chair Shawn Doolan and RCL Branch 108 member Steve Hemeon. See page 2 for the full story.

Thompson Goddard Photo

A celebration 50 years in the making

Carolyn Thompson Goddard

Record Staff

AVONMORE – From near and far, graduates and staff of Tagwi Secondary School (Tagwi) returned to their alma mater on Oct. 26 to celebrate a half century of providing quality educational opportunities to area students.

Brandon Coleman, with committee co-chair Megan Crooke, led the reunion organizing committee mentioned the afternoon wine and cheese held at Tagwi, the evening dinner as well as the dance held at the Metcalfe Centre in Maxville had close to 600 tickets sold across these three events.

Staff and students currently at Tagwi were busy behind the scenes. Student volunteers were busy taking photos during the reunion, assisting with set-up as well as creating and serving the tasty and beautiful charcuterie boards. Staff members were on hand to ensure the events ran smoothly and discuss the school with visitors.

Continued on page 3

Township of North Dundas and CAO Angela Rutley part ways

Terry Tinkess

Record Staff

WINCHESTER – To those who follow local politics in the Township of North Dundas, the community's worst kept secret had finally been put to rest with the announcement that North Dundas and CAO Angela Rutley have parted ways.

The statement released Oct. 29 stated that the decision was effective immediately, and that Calvin Pol, Director of Development Services, would assume the role on an interim basis.

On behalf of the council and staff of the Township of North Dundas I wish to thank Angela for her years of dedicated service to our community," said Mayor Tony Fraser. "We wish her all the best."

The statement ended by saying that the Township of North Dundas would offer no further comment on this matter at this time.

At the time of printing, no statement had been released by Rutley, who served the township in the capacity of CAO since August 2012.

This matter had apparently been brewing for some time, but it came to the forefront at the regularly scheduled North Dundas Council meeting on Sept. 26, 2024. Rutley had been on medical leave, and in her absence, Ben de Haan, Director of Transportation Services with SDG Counties was filing the role on an interim basis. He

Continued on page 3



Remembering their service

Page 2 The Record

Carolyn Thompson Goddard Record Staff

WINCHESTER crowd of close to thirty people gathered at Sweet Corner Park in Winchester in the late afternoon of Oct. 25 for the ceremonial launch of the 2024 Poppy Campaign by Royal Canadian Legion Branch 108 in Winchester.

"We want to do acts of remembrance" commented SDSG MP Eric Duncan during the ceremony, with RCL Branch 108 Poppy Chair Shawn Doolan thanking the community for their continued support community.

Doolan noted that during the 2023 campaign close to \$12,000 was raised in donations from the people in the local area. The funds raised are used to educate the next generation about the real cost of war, Legion bursaries and assisting veterans.

In the days leading up to Nov. 11, there are several



SDSG MP Eric Duncan is seen receiving his poppy from RCL Branch 108 member Steve Hemeon.

Thompson Goddard Photo

acts of remembrance in the Municipality of North Dundas. An Oct. 22 press release from RCL Branch 108 includes information on several of these.

The Field of Crosses Presentation is planned for 10 a.m. on Nov. 8 at North Dundas District High School. Students research the fallen soldiers whose names appear on cenotaphs in the municipality, with "each one of these heroic soldiers has been designated a cross fabricated by the

students of NDDHS."

On Nov. 9 commencing at 9 a.m. at the Winchester Legion will be a pilgrimage to "visit the lesser-known cenotaphs in Township". At 9:15 a.m. the Ormond Cemetery, located at 12663 Ormond Road will be visited, followed by the Inkerman Cenotaph at 11526 County Road 3 in Inkerman, the Van Camp Cenotaph, 11035 Levere Road in Mountain, at 10:30 a.m., and the Hill 70 Monument located on Clark

Road in Mountain at 11:00 a.m. It was noted how "These cenotaphs hold the names of heroes from our community but are often not visited as the cenotaph at Winchester District Memorial Hospital. With each stop on this pilgrimage, we show our respect to the fallen soldiers whose names grace these cenotaphs by holding a moment of Remembrance so that we strive to ensure they are never forgotten."

The Ceremony Remembrance in Winchester will be held on Nov. 10, beginning with pre-parade refreshments at the Legion in Winchester, before marching to the District Winchester Memorial Cenotaph (WDMC) which is located at the Winchester & District Memorial Hospital.

"A full Remembrance Ceremony, including wreath laying, will occur" at the WDMC at noon. It was noted how "this beautiful ceremony allows our

community to together with the common hope that the valiant members of Canada's Armed Forces who have fallen, and those still living, are always remembered for their service, their bravery and their sacrifices made for our freedoms. Lest We Forget."

More information on Services of Remembrance can be found on the social media or websites of the local branches of the Royal Canadian Legion.



Getting ready for Hallowe'en
Throughout and beyond our local area, people are decorating their homes and yards for Hallowe'en. Ghosts, goblins, witches, scarecrows, gravestones, skeletons, spider webs and strings of Hallowe'en lights have appeared, serving to add some much-needed light and festive feelings to the shortening days now being experienced. Decorations along the Main Street in Avonmore add a bit of fun for the celebration of Hallowe'en. Thompson Goddard Photo



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Tues., Nov. 5 Chesterville Diners at Nelson LaPrade – Honey Garlic Ribs 2 p.m. Bingo - Come and enjoy some fun playing Bingo. Tues., Nov. 5

Footcare Clinic. Call to book your appointment. Wed., Nov. 6 Wed., Nov. 6 11:30 a.m. Lunch followed with a presentation by an Ostrich Farmer. Thurs., Nov. 7 Winchester Diners Drive Thru

Health & Wellness Clinic in Winchester. Call to make an appointment. Fri., Nov. 8 Fri., Nov. 8 11:30 a.m. Lunch – Remembrance Day with Harvey Blais Mon., Nov. 11 11:30 a.m. Lunch - Remembrance Day Activities

Tues., Nov. 12 Footcare Clinic. Call to book your appointment. Tues., Nov. 12 South Mountain Diners at South Mountain Ag Hall – Lasagna. Scams/ Fraud presentation

Tues., Nov. 12 Health & Wellness Clinic in South Mountain. Call for an appointment. **Wed., Nov. 13** Footcare Clinic. Call to book your appointment. Wed., Nov. 13 11:30 a.m. Lunch followed by entertainment by Faye McMillen.

Thurs., Nov. 14 Winchester Diners Drive Thru – Lasagna Thurs., Nov. 14 2 p.m. Parkinson Group Coffee Hour for those living with Parkinson's. Fri., Nov. 15 9 a.m. Breakfast for \$7

Mon., Nov. 18 1:30 p.m. Caregiver Café. Call for more information. Tues., Nov. 19 Footcare Clinic. Call to book appointment. Tues., Nov. 19 Chesterville at Nelson LaPrade – Tourtiere

Tues., **Nov. 19** 2 p.m. Bingo – Come and enjoy some fun playing Bingo. Footcare Clinic. Call to book appointment. Wed., Nov. 20 11:30 a.m. Lunch followed by a Guest Speaker from the Library. Wed., Nov. 20

Thurs.. Nov. 21 Winchester Diners Drive Thru – Tourtiere Fri., Nov. 22 Health & Wellness Clinic in Winchester. Call to make an appointment. 11:30 a.m. Lunch – "Birthday of the Month". Come for lunch and Mon., Nov. 25

celebrate the birthdays. **Tues.**, **Nov. 26** Footcare Clinic. Call to book your appointment.

Tues., Nov. 26 South Mountain Diners at South Mountain Ag Hall – Tourtiere

Wed., Nov. 27 Footcare Clinic. Call to book your appointment. Thurs., Nov. 28 Winchester Diners Drive Thru - Chicken Stew

Senior Fitness Class – Every Monday at 1:30 p.m. Coffee Time at 9 a.m. on Monday, Wednesday & Friday. Tai Chi at 11 a.m. every Monday. Chair Yoga every Tuesday at 10 a.m. with Dawn. Finish the Stitch Group every Thursday at 9:30 a.m. Walking Group every Thursday at 10:30 a.m. Chair Yoga at 1 p.m. & Mat Yoga at 2:10 p.m. every Friday with Janet.

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Guests to the Tagwi 50th Anniversary Wine and

Cheese event were able to view several displays of

the school's Reach for the Top teams throughout

the years in the Learning Commons. From the left:

Linda Maloney (wife of Coach Dan Maloney),

Claude Theoret, Peter Simard and Stuart Pollock.

Back row: Bart Bilmer, Dave Conners, and Ryan

The halls of Tagwi Secondary School held pre-

cious momentos and displays from the school's

history for people to view. Thompson Goddard Photo

Thompson Goddard Photo

Thursday, October 31, 2024

Celebrating 50 years of Tagwi

Continued from the front

"This school is an absolutely incredible community school. The staff are world class with their care and support of their students" commented Principal Michael Deighton during the Wine and Cheese event. With pride in his voice, he explained how the school provides students with the opportunity to learn and excel in several subjects including the arts, science and technology while preparing them for life after graduation.

In the school's Learning Commons (formerly known as the library) people were able to peruse several displays on Tagwi's participation and success in "Reach for the Top" during its history. Designed as an academic quiz competition for Canadian high school students, in 1989 the team from Tagwi were the national champions of Reach for the Top with team members being: Allan Coleman, Claude Theoret, Peter Simard, Neil Wheeler and Stuart Pollock guided by Coach Don Malonev.

Several speakers including SDSG MP Eric Duncan and SDSG MPP Nolan Quinn congratulated members of the organizing team for their work and dedication in organizing the reunion. North Stormont Mayor François Landry, called it an "incredible honour to stand before you as Mayor and Tagwi graduate" noting how the school is a place where dreams are nurtured and friendships formed.

It was the friendships and common memories which were viewed along the memory boards and memorabilia displays located in the school's hallways. People were busy chatting with their classmates and catching up on years both past and present. In the school's fover was a memorial slideshow of students who had passed on for people to view.

In a post event email, Coleman wished to thank "The members of the committee, who spent many hours working on the event, and all of our sponsors", noting several were listed in the reunion program as well as several businesses and individuals who supported the event including" Foodland Ingleside; Lacatalis Winchester; Bridal's by Al Mor Wedding Boutique; Mrs. Dianne Law; Mary Jane Hakvoort; Finch Recreation; Kenyon Agricultural Society and Farm Boy – Cornwall." He wished to thank the custodial and secretarial staff for their assistance in ensuring the success of the event and the continued support for the school from the community.

CAO Angela Rutley

Continued from the front was appointed during a closed session of council on Nov. 9, 2023.

Rutley had returned to work shortly before the meeting on Sept. 26, and was present, as was de Haan. During the meeting Deputy Mayor Theresa Bergeron requested several changes to the agenda, apparently to the surprise of Mayor Fraser. It was also revealed, through the course of the meeting that several members of Council had engaged in a discussion without Mayor Fraser and had elected or neglected to inform him of the results or involve him in the discussion.

The changes to the agenda that had been requested by Deputy Mayor Bergeron involved the creation of a 360-degree performance review for the CAO. A policy was not created that night, but council agreed to consider its creation and seek input from SDG, where a similar method of performance review was currently in place.

The most awkward part of the meeting however occurred as members of council thanked de Haan, some almost gushingly, for the way he had improved moral and how staff were going to miss him, all the while Rutley, was seated in front of Council, beside him.

This led to an unusual event on Oct. 10, at the regularly meeting of Council, Mayor Fraser had just started to call the meeting to order when first Councillor John Lennox, then Deputy Mayor Bergeron, and finally Councillor Gary Annable got up without a word and walked out of the meeting. Mayor Fraser and Councillor Matthew Uhrig, following the procedural bylaw, remained for 30 minutes before cancelling the meeting as there was

The three councillors, the Deputy Mayor, and the Mayor were all contacted for a comment. Only Councillor Uhrig and responded, while Mayor Fraser indicated that he would speak at a later date. Councillor Annable stated performance review and retention, while

scheduled no longer a quorum.

Annable that it had to do with meeting on Sept. 26 that who had been a senior

Councillor Uhrig stated that he thought that Council's place was sitting down and discussing things. Councillor Lennox and Deputy Mayor Bergeron did not respond. Subsequent meetings were held, including two that were closed session, the first on Oct. 22 and the second on Oct. 28. Both agendas indicated that as no other business was

Secondary School.

meeting was closed "Pursuant to Section 239(2) of the Municipal Act 2001, subsection (d) labour relations of employee negotiations." The day following the second meeting was when the statement that The Township of North Dundas and CAO Rutley had

conducted, the meeting would

not be streamed. They also

both indicated that the

"parted ways." It was obvious from the many on Council and members

that there should have been a better, more professional way to cut ties with someone administration member for more than 12 years.

administration had enjoyed working with Interim CAO de Haan, but there is nothing, at least nothing known publicly that would indicate he is hoping to change his career path with a permanent move to North Dundas. If he were so inclined, he need only walk three blocks north from his present office as the City of Cornwall is currently looking to fill a similar position, having "parted ways" with their CAO Mathieu Fleury, only one year into a five-year agreement.

Based on available information it isn't possible to determine if parting ways with CAO Rutley was the right thing to do, but it must be the case that a majority of Council members believed so. It does seem, however







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EDITORIAL&Opinion

Thursday, October 31, 2024

TEL: 613-448-2321

Halloween changes, yet never dies, much like some of its best loved creatures

Halloween, a holiday marked by costumes, candy, and community gatherings, has deep roots in ancient traditions yet it has transformed significantly over centuries. Though its origins are found far from Canada, Halloween has evolved into a unique and cherished celebration across the country. Today, Canadians of all ages eagerly anticipate the excitement and mystery "All Hallows' Eve" brings each October. This day's essence has remained constant, resonating with an enduring sense of community, creativity, and adventure.

The story of Halloween begins over 2,000 years ago



Last week was a short one for our Warriors, but it was action packed, nonetheless. On Tuesday, our grade twelve students planning on attending college this fall visited the Saint Lawrence College CIP (Cornwall College Information Program) to learn more about college programs and various schools.

On Wednesday, our students had the honour of hearing guest speaker Andy Thibodeau! Andy shared his message of "share your care" and taught students the importance of getting involved in your school and community. After the speech, 46 of our grades 9-12 students and four of our staff members embarked on their trip to Tagwi Trek, an annual leadership camp for selected students to build relationships and connect with their fellow leaders while they explore the importance of Leadership, Teamwork, Goalsetting, Communication and Positivity. Students spent three days at camp where they participated in various teambuilding activities including high rope climbing, a group cheer and dance, and an additional speech from Andy on the importance of leadership.

Our EOSSAA Cross-Country runners competed in the cross- country championship in Petawawa on Thursday. Our top racer was Burke Thompson, who placed 25th out of over 100 racers! Congratulations to Burke and the rest of the cross-country team for their amazing season!

Our intermediate students had their second Warrior Day filled with fall festivities such as creating sugar skulls, making apple crumble, carving pumpkins and playing a variety of sports. What a fun day!

On Friday, our Trekkers returned from their trip and were greeted by our staff preparing for the 50th anniversary celebrations! Tagwi welcomed over 300 alumni to a wine and cheese on Saturday in the school. Alumni enjoyed visiting with former classmates and teachers while looking at memorabilia and listening to entertainment provided by their peers. There were even a few vintage Tagwi jackets and band sweaters on display! The party continued at the Metcalf centre in Maxville for a dinner and dance.

Be sure to follow Tagwi on Facebook and Instagram to keep up with all the great things happening in our school community.

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United Kingdom, and northern France. For the Celts, Nov. 1 marked the beginning of the new year, and Oct. 31 was the festival of Samhain, a time to honour the end of summer and harvest and to prepare for the long, dark winter. The Celts believed that on this night, the boundary between the world of the living and the dead blurred, allowing spirits to cross over. These spirits, both benign and malevolent, were thought to wander the Earth, and to appease them, people would light bonfires and wear costumes to ward off any with malevolent intentions.

With the spread of Christianity in Celtic regions, the church sought to replace Samhain with a Christian holiday, leading to the establishment of All Saints' Day on November 1. The evening before became known as All Hallows' Eve, eventually shortened to Halloween. Over time, Halloween's traditions evolved, combining both pagan and Christian elements, with the customs of bonfires, costumes, and offerings to ward off spirits remaining.

Halloween arrived in North America in the 19th century with Irish and Scottish immigrants who carried their traditions across the Atlantic. Halloween didn't however become the widespread celebration it is today, at least not initially. The customs of Halloween were practiced primarily within immigrant communities, but as these communities integrated, Halloween traditions began to spread. By the early 20th century, Halloween had become a popular festivity in the United States, with activities such as trick-or-treating, costume parties, and community events.

Canada, too, saw Halloween take root, although it adopted Halloween traditions somewhat differently. By the 1920s and 1930s, Halloween was celebrated across Canada, especially in urban areas where communities came together to enjoy costume parties, games, and parades. Trick-ortreating, now a staple activity, became popular in Canada around the mid-20th century, following the practice's rise in the United States.

Halloween in Canada has undergone considerable transformation over the years. From its early days as an immigrant tradition to a day celebrated across the land, Halloween now holds a special place in Canadian culture. In its early years, Halloween was often associated with mischief and pranks. The night before Halloween, called "Mischief Night" or "Devil's Night," was notorious for minor vandalism and pranks. However, as communities worked to create safer and more family-friendly celebrations, the focus shifted to organized activities and community gatherings.

During the 1960s and 1970s, Halloween became a major holiday for children. Costumes and trick-or-treating gained popularity, with families decorating their homes in spooky themes and welcoming children from their neighbourhoods. Retailers began offering Halloween-specific items like costumes, decorations, and candy, and the holiday became an economic driver, in many ways second only to the Christmas holiday season. By the 1980s, Halloween had

with the Celts, a people from what is now Ireland, the firmly established itself as a family-friendly event, complete with costumes, jack-o'-lanterns, and bags brimming with candy.

In recent years, Halloween has expanded beyond children's festivities to include adult participation as well. Haunted houses, horror movie marathons, costume contests, and themed parties attract people of all ages, with adults embracing Halloween as an opportunity to get creative, celebrate, and socialize. Communities often host pumpkin festivals, parades, and other events that foster a sense of togetherness and engagement. Social media has further amplified Halloween, as Canadians share costume ideas, decorate their homes, and display elaborate makeup skills online.

Despite its evolution, Halloween in Canada has retained an unwavering appeal. The themes of mystery, excitement, and community that characterize Halloween continue to captivate both children and adults. For children, Halloween represents adventure – a night when they can explore their neighbourhoods in costume, collecting candy, and experiencing a bit of harmless fright. Adults, meanwhile, often enjoy the creative and social aspects of the holiday, gathering with friends and neighbours, dressing up, and partaking in Halloween festivities.

Halloween remains a cherished holiday because it brings people together in ways few other celebrations do. Whether through decorating homes, organizing neighbourhood events, or sharing treats, Halloween fosters a sense of community and connection. People who might not interact otherwise come together to participate in the night's festivities, creating bonds and shared memories that last long after Oct. 31.

Today, Halloween continues to thrive in Canada, blending old traditions with modern customs. Some communities maintain classic Halloween activities, such as carving pumpkins, while others incorporate new elements, like trunk-or-treat events (where children trick-or-treat from car trunks in parking lots), community festivals, and horror-themed virtual events. Even in Canada's multicultural society, Halloween's universal themes of fun, creativity, and togetherness appeal to people from diverse backgrounds, creating a sense of belonging.

Though the way we celebrate Halloween may change from generation to generation, the joy it brings remains the same. Canadians embrace Halloween's whimsical spirit, whether through costumes, decorations, or candy-filled adventures. The day's enduring appeal lies in its ability to offer a sense of wonder and excitement, drawing people together to share in the thrill of the night and the possibility that something unseen may be lurking just out of sight.

Halloween is a night when Canadians come together to share in the mystery and magic of a celebration that reminds us of the enduring power of community and the wonderful sense of imagination and the unseen.

Terry Tinkess

Bits and pieces from here and there

or below zero temperatures we have been experiencing. One can not help but notice the beauty of the fall foliage travelling along the highways and biways of our area, and the harvested soybean fields while many acres of corn are either being or will be harvested.

It is a time when many gardeners start planning their next year's flower gardens and I planted some bulbs in my front hoping for daffodils early next spring. Sitting in my comfy chair near the front window, a look of utter dismay went over my face as I watched a petite black squirrel meticulously dig

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It sure feels less like fall and a bit up a bulb or two. After rapping on the was paying no attention to me, it was decided by myself to curl up in my comfy chair and watch the bulb be transported to an unknown location for a cold weather meal. While this was a bit annoying it made me realize that creatures great and small get hungry and suspect he or she will enjoy that daffodil bulb on a cold winter day!

The end of October signals the beginning of a busy time, with Hallowe'en closing off the month and in November there will be lots of holiday crafts sales leading up into the Christmas season. November is also the

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month of Remembrance, where we recognize those soldiers who fought and died throughout our history as well as those who came home forever changed by their service and the servicemen and servicewomen of today.

Ceremonies of remembrance will be held throughout the coming weeks, with several held on Nov. 11. These include ceremonies at the Battle of Crysler Farm Memorial, Morrisburg, Cornwall, Chesterville, Morewood, and the Mcintosh Park Conservation Area in Berwick. Let us recall with pride those who have served under our flag, wear a poppy or attend a ceremony on Nov. 11 and let us remember every day those who serve so we can be free.

Carolyn Thompson Goddard

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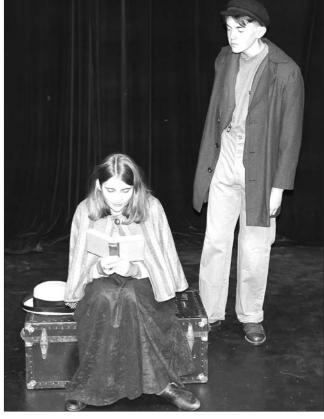
Thursday, October 31, 2024

Dundas County Players presents a trio of plays

Carolyn Thompson Goddard Record Staff

WINCHESTER **Dundas County Players** (DCP) are currently in rehearsal for their fall production which will feature three one-act plays, Home Child by Laura Teasdale, How to Survive Being in a Shakespeare Play by Don Zolidis and Last Tango in Little Winchester by David Tristram to be presented at the Old Town Hall in Winchester.

"I like the fact that it is written by a female Canadian playwright" commented Lauren Casselman, the director of the one-act play Home Child in an October 3rd DCP press release, before continuing how the play "tells the story of British Home Children, whose descendants are numerous in our area." Poppy, the main character, is "scooped up off the streets of London and sent across the Atlantic to live and work with a Canadian family" and eventually finds friendship with the eldest son of the family, struggling to keep secret her origins. Sophie McLean plays Poppy James, while Kieran Jordan is cast as Matthew who is the eldest son in the family.



From the left: Sophie McLean, portraying BHC Poppy James, is reading a book while Matthew, played by Kieran Jordan, watches. Thompson Goddard Photo

which is directed by MT

Robinson and written by

Don Zolidis. The play has a

cast of 13, some of whom

have several roles and

provides "a humorous take

on the tragedies of

Shakespeare which usually

end badly. This play is here

to show how endings can be

Tristram and directed by

Written by David

changed so no one dies."

fact that McLean is the descendant of British Home Child Benjamin Heyman stayed at the distribution home in Knowlton, Ouebec after arriving in Canada, the same receiving home which McLean's character arrives at in the play.

The second play being presented is How to Survive An interesting note is the Being in a Shakespeare Play comedy which examines a fictious theatre group putting on a "somewhat risqué play" in order to revive the fortunes of a fictitious drama group. "This play is funny, I love it!", quips Hutten. "Not only are my four adult actors super keen and talented, they have helped me add a sprinkling of local references for extra spice to the script." This is Hutten's local directorial debut, with the press release noting the show will be taken to the Eastern Ontario Drama Festival being held in Perth in early November. Performances of the one-

act play trio are scheduled for Nov. 15, 16, 22, 23 begin at 7:30 p.m., with Sunday matinees at 2 p.m. on Nov. 17 and 24. The Nov. 16 performance beginning at 7:30 p.m., 17 and the following weekend Nov. 22, 23, 24. "Dundas County Players are pleased to announce that all money raised from the Nov. 16 show will go to the fundraising efforts for the New Dundas Manor."

More information this production, purchasing tickets and the Dundas County Players is available on their website and

Erik Hutten, Last Tango in Little Winchester is a Church **DIRECTORY** Your Guide to Local Houses of Worship The United Church of Canada CHRIST CHURCH UNITED 5 Casselman St., Chesterville Office Ph.: 613-448-2532 Email: ccuchesterville@gmail.com MINISTER: Rev. Blair R. Paterson, B.A., M.Div. Join us Sundays at 10:30 a.m. for our weekly worship service.

> Sunday School at 10:30 a.m. THE UNITED CHURCH OF CANADA AVONMORE-FINCH-MARTINTOWN

ST. JAMES - CHALMERS - ST. ANDREW'S PASTORAL CHARGE Minister: Rev. Lois Gaudet BBA, BTH, MDIV Contact: Tel: 613-346-1648 Email: revlgaudet@gmail.com November 3rd, 2024 - All Saints Worship with Rev Lois at 9:15 a.m. in Chalmers Finch and at 11 a.m. at St. James. Avonmore

ST. LUKE'S-KNOX PRESBYTERIAN CHURCH (Finch) ST. ANDREW'S PRESBYTERIAN CHURCH (Avonmore) ST. JAMES~ST. ANDREW'S PRESBYTERIAN CHURCH (Gravel Hill)

INTERIM MODERATOR: Rev. Robert Adam: Email: minister@stjohnscornwall.ca www.avonmorefinch-presbyterian.ca

November 3rd, 2024 - Rev. Susan Clarke November Joint Worship Services will be held in St. Luke's-Knox, Finch at 10:30 a.m. No services in Avonmore/Gravel Hill in November.

PRESBYTERIAN CHURCH - Morewood ST. ANDREW'S - Chesterville ST. PAUL'S - Winchester

Minister: Rev. Ed Charlton Email: edcharlton12@gmail.com

Service Times: St. Andrews Chesterville at 9 a.m., St. Paul's Winchester at 10 a.m., and Morewood Presbyterian Church at 11:15 a.m.



NATIONSIDE PENTECOSTAL CHURCH Pastor Scott Savers

E-mail: Pastor.Scott@mail.com Office: 613-448-2272

Please join us for Sunday Services at 10:30 a.m. at the Nelson LaPrade Centre, 9 William St.

Services also online on Facebook under "The Nation" Nationside Pentecostal Church. Affiliated with the Pentecostal Assemblies of Canada

HARMONY COMMUNITY CHURCH Evangelical Missionary Church

12010 Ormond Rd. & Hwy. 31 (North of Winchester)

Office phone: 613-774-5170 www.harmony-church.org We are an air conditioned and handicap accessible building Senior Pastor: Rev. Daniel Wallace

Weekly Services - Sunday at 10:30 a.m. & 7 p.m. Wednesdays at 7 p.m. - Prayer Meeting

We are open and invite you to join us for services! We are continuing to live stream our Sunday morning services at Youtube: <u>https://www.youtube.com/channel/UCoPy_DABzz4REc-A76-EvrA</u> Sunday School Classes & Nursery have resumed

Please contact the church office for information on mid-week meetings or any other questions

ST. MARY'S ANGLICAN CHURCH

139 Castor St., Russell, ON Parish Office: 613-445-3226 Presiding: Rev. Anne Quick

infostmarysrussell@rogers.com Website: www.stmarysrussell.ca

Sunday Service:

Holy Eucharist and Sunday School at 9:30 a.m. You can phone or e-mail the church for the invitation to attend worship via Zoom. St. Mary's Church is engaged in actively sharing God's unconditional grace and love

CHESTERVILLE Ġ Connect, Equip, Serve Gathering House

Pastor Shawn Van De Visch

Join us at <u>www.thegatheringhouse.ca</u> on Sunday mornings beginning at 10 a.m. for our weekly worship service. Nursery and Sunday School classes have resumed.

ST. CLARE'S ANGLICAN CHURCH OF NORTH DUNDAS 613-774-2236 www.stclaresanglican.ca 2530 Falcone Lane, Winchester

Sunday Service of Eucharest, 10 A.M.

Visit us online for Sunday Service at our links below.

On Facebook at The Anglican Parish of North Dundas at St. Clare's. On YouTube at St. Clare Anglican.

ST. ANDREW'S AND ST. PAUL'S UNITED CHURCH

613-445-3111 www.russellunited.org

Please call church office for pastoral care. 11 a.m. Sunday Worship

Sunday school and nursery (parental supervision) available.

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10 Church St., Chesterville (613) 448-3262 email: stMarv.Chesterville@archkingston.ca Website: stmarvofthepresentation.ca Weekend Mass: Saturday 5 p.m., Sunday 10:30 a.m.

Fr. Oliver Wekesa (Parish Administrator) Cindy Morgan (Parish Secretary)



Terry Tinkess Record Staff

EASTERN ONTARIO - Ontario Provincial Police (OPP) members across East Region are encouraging everyone to make it a safe Halloween.

Drivers, please use extra caution and be on the lookout for excited kids concentrating on the hunt for treats. They may be distracted, but you must remain focused on the road and sidewalks ahead.

Parents, we suggest having the kids wear makeup instead of a mask. If only a mask will do, then ensure eye and mouth holes are adequate for your child's safety.

If you are shuttling kids between neighbourhoods, adult ensure everyone buckles-up.

Younger children should be supervised, even when in a group.

Kids have fun but remember these recommendations on how to stay safe.





In Loving Memory of a dear husband, father, and grandfather,

EDWARD CRANHAM

who passed away October 31, 2022.

Those we love don't go away, They walk beside us every day.

Unseen, unheard, but always near, Still loved, still missed, and very dear.

Loving remembered and dearly missed, Gwen and family

• Never trick or treat alone, go in a group or with an

If trick or treating with friends, tell parents/guardians your route and when you will be home

- Carry a flashlight and wear reflective clothing or
 - Use sidewalks or the edge of the roadway
- Never crisscross the street, instead cross at crosswalks or intersections if at all possible
- Stay in neighbourhoods that you know
- Walk, don't run, to houses that are lit up for
- Never go inside a house to get your treat
- Don't snack on treats until they are inspected by an

OPP officers will be out in their usual costumes, working to ensure everyone has a safe and happy Halloween.

-In Loving Memory-Elaine Marie Sanders



October 21st, 2011

With each day that passes we miss her laugh, her touch, her sweet voice, her unconditional love and compassion.

Time may pass, however, memories still are as vivid as the day they happened. We cherish those moments and hold them deep in our hearts.

We love and miss you each and every day. We know you are always that bright shining star high above in the midnight sky.

> Deeply missed by Henk, David, Moira and Brandy







Page 6 The Record

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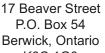
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The scene was set, let the Gala begin!

Heidi Mackenzie-Cobb Record Contributor

BRINSTON – On Fri., Oct. 25, the 2024 South Dundas Awards of Excellence Gala was held at the Matilda Township Hall.

For the previous five years, the Awards Event was held as a breakfast, with attendance being underwhelming.

Tia Fraser Dupuis,
Acting Economic and
Development and
Communications Officer,
said the Gala was a way to
significantly increase the
community participation for
the event.

The evening began with attendees enjoying the chance to network and socialize.

Catering was provided by Winchester Catering with The Iroquois-Matilda volunteering their services at the canteen.

The Master of Ceremonies for the evening was Jeff Poapst, who is a member of the Economic & Community Development



Mayor Broad kept his speech short, but thanked everyone for coming and welcomed them "to the little hidden gem we have here, Matilda Hall, here in Dixon's Corners. So great to see a great group of community members here."

Committee (ECDC). The Committee is responsible for the planning and organizing of the Gala.

Mayor Jason Broad thanked the ECDC for all their hard work, and the recipients, and the community for making South Dundas a prosperous and thriving part of SDG.

Stormont Dundas and South Glengarry MP Eric Duncan was on hand to congratulate the winners and thank business owners, individuals, service clubs and volunteers who go above and beyond to enrich and improve lives in SDG.

The Guest Speaker for the evening was Gerhard Freundorfer, Business Intelligence Manager at St. Lawrence College. Mr. Freundorfer gave an informative and thoughtprovoking presentation on the development of Artificial Intelligence, how it could be utilized by local businesses and the amazing speed at which advancements are being made in this software field.

Following a short question and answer session with Mr. Freundorfer, trophies were presented to the Awards of Excellence Recipients by the Council and the ECDC Members.

The Winners included Harneet Cheema - Youth Community Builder (Individual), South Dundas Ball Hockey League - Youth Community Builder (Group), Rob Harbers -Young Professional Award, Jennifer Eamon and Sarah Goglin-Henderson - Adult Community Builder (Individual), South Dundas United Football Club -Adult Community Builder (Group), Maeve Windle -Green Award, Micheal McEwan (My Puppet Pal) -Innovation Award, Iroquois & District Business Group -Tourism Award, Emard Bros. Lumber - New Business Award, Upper Canada Creamery Agricultural Leadership, and Cedar Glen Golf Course for Business of the Year.

MC Poapst closed by congratulating all the winners, and thanking Council, the ECDC, and all the attendees for showing their continued support of SD&G.

Nove Scotia teen arrested in connection with school threats

Terry Tinkess

against a local school.

Record Staff
NORTH GRENVILLE – The Grenville Detachment of the Ontario Provincial Police (OPP) has arrested a teenager in connection with multiple threats of violence

The anonymous telephone threats, to commit violent acts at St. Michael Catholic High School, began Sept. 12, 2024. Threats continued against St. Michael School until Oct. 17, 2024.

An extensive investigation by members of the Grenville OPP Crime Unit, assisted by the OPP Cyber Investigations Team, OPP Regional Support Team, the Royal Canadian Mounted Police and Bridgewater, Nova Scotia Police, led to the execution of a search warrant at a home and a school in Bridgewater, Nova Scotia on Fri., Oct. 25, 2024. One person was arrested, and investigators seized electronic devices.

A 14-year-old male from Bridgewater has been charged with:

- Uttering threats to cause death or bodily harm
- Indecent communications
- Mischief interfere with lawful use, enjoyment or operation of property-over \$5000
- Public mischief
- Unauthorized use of computer destroy data

The identity of the individual is protected under the Youth Criminal Justice Act. Anyone who shares the name publicly could be subject to criminal charges.

The accused remains in custody following a bail hearing and was scheduled to appear by video before the Ontario Court of Justice in Brockville on Tues., Oct. 29, 2024.

Public safety is paramount in any threat investigation and such incidents must be treated as serious and legitimate until proven otherwise.

While charges have been laid, the investigation is continuing, in conjunction with police in multiple jurisdictions, as well as the Federal Bureau of Investigations in the United States. The OPP also continues to investigate potential connections to any similar incidents, including a threat against a school in Iroquois.

If you have any information on these incidents, contact the Grenville Detachment at 1-888-310-1122. If you want to remain anonymous, call Crime Stoppers at 1-800-222-8477 or online at ontariocrimestoppers.ca.





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Royal Canadian Legion Branch 357 Finch



Remembrance Day November 11, 2024

LOCAL REMEMBRANCE DAY SERVICES 2024

WINCHESTER

Saturday, November 9, Rural Cenotaph Visitations and Remembrance Ceremonies. Leaving Winchester Legion on a tour (via personal cars) to visit four rural cenotaphs to perform a short act of remembrance, Last Post, laying of a wreath at each location.

9 a.m. – Winchester Legion – 482 Main Street E 9:15 a.m. – Ormond Cemetery, 12663 Ormond Road 10 a.m. – Inkerman Cenotaph, 11526 County Road 3 10:30 a.m. – Van Camp Cenotaph, 11035 Levere Road 11 a.m. – Hill 70 Monument, Clark Road, Mountain

Sunday, November 10, parade leaves the Winchester Legion at 11:30 a.m., Remembrance Ceremony at 11:45 a.m. at the Cenotaph at the Winchester District Memorial Hospital.

FINCH

The Finch Legion Branch 357 will have only one service this year. Monday, November 11 at 11 a.m. at the MacIntosh Park, 6 Cockburn Street, Berwick.

All the wreaths will be pre-laid.

CHESTERVILLE AND MOREWOOD

Will both be holding their services on Monday, November 11. People who wish to attend should be at the parks in each town by 10:45 a.m. Queen Street in Chesterville will be blocked off from the funeral home to MacEwen's from 10:45 a.m. until approximately 11:20 a.m. There will be a reception at the Chesterville Legion after the service.













Remembrance Day November 11, 2024

FIELD OF CROSSES PRESENTATION

FRIDAY, NOVEMBER 8, 2024 AT 10 A.M.

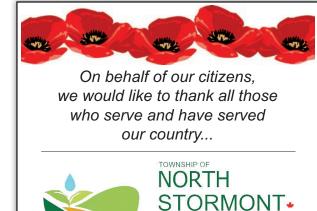
NORTH DUNDAS DISTRICT HIGH SCHOOL 12835 COUNTY ROAD 43, CHESTERVILLE

The first year of this amazing initiative had students from North Dundas District High School (NDDHS) researching the fallen soldiers, from the North Dundas area, whose names appear on the Township's Cenotaphs. Each one of these heroic soldiers has been designated a cross fabricated by the students of NDDHS. The students have championed this project with a thirst for knowledge and the ultimate drive to have these soldiers eternally remembered. This event will be the first of its kind in our township with these crosses being first displayed at NDDHS to honour the commitment the students showed to this project.





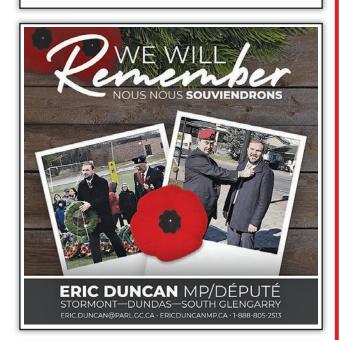




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2024 FALL CAR CARE

How to prepare your car for winter

Summer and fall can stake their claim as road trip season, and even devoted drivers may admit that winter is generally a less desirable time to take to the open road. The elements factor heavily into that reputation, as fewer hours of daylight, snow and ice are just some of the variables that can make it less enjoyable, and potentially more dangerous, to drive in winter.

In anticipation of adverse driving conditions, vehicle owners can take various steps to prepare their cars and trucks for winter.

• Upgrade your wiper **blades.** Perhaps nothing is compromised more than visibility when driving in winter compared to other times of year. Snow makes it hard to see when driving, but fewer hours of daylight also can affect visibility. Approximately half of all fatal crashes occur between 6 p.m. and 6 a.m., even though the number of drivers on the road during those hours is considerably lower than it is during the daytime. The difficulty of driving at night is even more significant when wiper blades are not up to the task of keeping rain and off drivers' snow



windshields. Prior to winter, inspect wiper blades and upgrade them, if necessary. Streaks left on a windshield are a telltale sign that blades need to be replaced.

• Purchase winter tires. Winter tires may not be necessary in regions with relatively mild winters. However. drivers accustomed to winters marked by heavy snowfall and/or icy roads should consider replacing their existing tires with winter tires. Many newer vehicles are now equipped with allseason tires. Winter tires are specially designed to handle such conditions, making them a worthy investment for drivers who live in regions where it's not unusual to encounter snow

and ice throughout the winter

• Study up on your engine oil. Some vehicle manufacturers recommend different grades of oil depending on the range of temperatures a car or truck will be driven in. The owner's manual will likely indicate if the manufacturer recommends using a different type of engine oil especially temperatures. Even if the manual does not include such a suggestion, drivers can seek the advice of a local mechanic.

• Schedule a pre-winter tuneup. Even if a vehicle is not due for a tuneup, it can be wise to have it looked over by a local mechanic before the arrival of harsh winter weather. A mechanic can check the radiator, hoses and other components that could be affected by especially cold weather in the months to come. If any issues are found, address them immediately. After all, it's better to be proactive than leave yourself vulnerable to breakdowns or other issues once the mercury drops.

As fall gives way to winter, drivers can take steps to keep their cars running strong and safe in the months ahead.

Are you ready for winter driving conditions?

Many Canadians take joy in the sight of big, fluffy snowflakes during winter. However, driving in winter isn't always so picturesque. Keep safe - and out of the snowbanks and ditches - with these tips:

Get your vehicle winter-ready

- Schedule a pre-winter tune-up to check that your battery, brakes and other essential systems are ready for winter driving.
- Always carry a sturdy scraper and snow brush in your car. Be sure to clear your vehicle entirely of snow before driving to ensure you can see.
- Pack emergency supplies to keep you warm and provide traction, as well as a shovel.

Keep cool and in control

- Turn off cruise control when road conditions are wet, icy or snowy. You won't feel your wheels lose traction with your foot off the gas pedal.
 - Always adjust your speed to road conditions.
- It takes longer to stop on snow and ice. Maintain space between other vehicles on the road.
- Slow and steady wins the race. Accelerate smoothly, maintain steady pressure on the gas pedal, and brake gently and early to avoid skids.

There's no substitute for good judgement

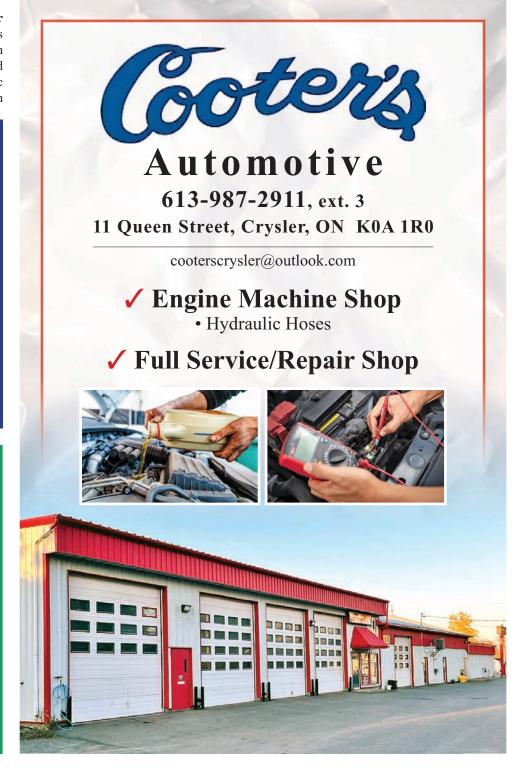
- Be choosy where you drive. Major roads are plowed and salted more frequently, which can help you stay safe driving in snowy or icy conditions.
- Be even choosier when you drive. Avoid driving in freezing rain or snow squalls. Wait for calmer weather and clear, salted roads whenever possible.
- Give yourself more time than usual when travelling, in case weather conditions worsen.

Winter weather can change quickly, so stay tuned to reports and pay attention to what's around you. If the weather takes a turn for the worse, pull over somewhere safe for a cup of coffee or turn back home.

www.newscanada.com











2024 FALL CAR CARE

How to keep car interiors clean

Oil changes, tire rotations and even car washes may garner the bulk of drivers' attention in regard to vehicle maintenance. But various smaller undertakings, including keeping vehicle interiors clean, are worthy of drivers' attention as well.

Dust and dirt can accumulate in a vehicle over time, making for a less comfortable ride. Keeping vehicle interiors clean can make car and truck cabins more welcoming for drivers and their passengers, and such maintenance is simple and inexpensive.

• Focus on the floors. The floors in a car face all that weather has to offer. In winter, boots may track snow and deicing solutions like salt into a vehicle's cabin. Some drivers use the same floor mats year-round, but there's an advantage to switching based on the seasons. In the winter, swap fabric floor mats with rubber or plastic alternatives, as these mats will hold melting snow, rain or salt, preventing them from staining the floors.

• Be mindful of seating materials. When cleaning seats, drivers should be mindful of the materials those seats are made of. Cloth seats should be cleaned

differently than leather and vinyl, and all seats should be vacuumed prior to cleaning. Leather and vinyl seats are treated with a protective coating that requires gentle cleaning. Begin with a small cloth with a dab of dish or saddle soap, and then apply a leather conditioner to prevent the leather from drying out. When cleaning cloth seats, an upholstery cleaner can be applied to stains, just be sure to follow instructions carefully. Cleaning products are not all the same, and application techniques may vary. A scrub brush can be used to work cleaning solutions into the seats and any lingering

moisture can then be wiped away with a microfiber cloth.

• Clean the inside of your car windshield. Use an interior glass cleaner to

clean the interior windshields and windows. These surfaces can accumulate a significant amount of dirt due to interior vapors and air pollution. Use a glass cleaner that contains alcohol. Interior glass cleaners are designed to prevent streaking and film buildup, which can compromise drivers' vision.

• Take on touchscreens. Modern vehicles have touchscreens that can quickly accumulate dust and fingerprints. Soak a clean cloth in lukewarm water and lightly wiping the surface of touch screens. Avoid substances like solvents, alkaline or acidic solutions, which can contribute to staining or discoloration on the screen.

Clean car interiors can make driving that much more enjoyable and even more healthy.







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ATV'S & MORE Tractors to Incl.: 2022 Fendt 516 Vario Generation 3 4WD w/ Cab & Only Approx 1135 hours w/ Cargo 4x80 Front End Loader (Profi Package - Excellent Condition); 2022 Fendt 516 Vario Generation 3 4WD w/ Profi+ Package only Approx 1496 hours w/ Front 3PTH (Excellent Condition); 2022 Fendt 516 Vario Generation 3 4WD w/ Only 895 Hours, Front End Loader Ready Incl Joystick (Profi Package - Excellent Condition); (All have recently been through dealer inspection and servicing – w/ Gold Star Fendt Warranty; 3 Year Standard 3000Hrs & 5 Year 3000Hrs Emissions); Landini Ghibli 80 4WD w/ Cab & Quicke Q750 Front End Loader (4000 Hours, New Back Tires - Nice Local Tractor); IH 434 Diesel Tractor w/ 1501 Front End Loader; MF 35 Diesel Tractor w/ Tire Chains (Sells w/ Snowblower); JD 2130 w/ Cab (Drove in From Ottawa!); MF 35 Gas w/ Front End Loader; Cockshutt 540 Gas; Ford 2N W/ Side Shift Creeper Gear. Vehicles: 1986 GMC Truck w/ 102,398KMs 350 Engine Turbo, 400 Transmission 4x4 12-inch lift w/ trailing arms, diff gears changes, dual tanks, Modern Electric Seats, Elec Running Boards, Front Winch Roll and Lock Tonneau Cover, Tail Gunners Exhaust, 16.5x39 Mickey Thompson Tires, Removable Roll Bar, Custom Stereo & Train Horns (Truck Must be Seen! Truly one of a kind!!); 2012 Ford F550 6.7 Powerstroke, Automatic Trans Truck w/ 116,517Kms (Less than 2,000Kms on new Ford Drop in Engine) w/ Landscape Box; 2008 Ford F550 V8 Powerstroke w/ Manual Trans, 57,637Kms Showing 2WD Truck (Sells w/ Snowplow & Salter Box); Many Other Vehicles – Check out the catalog for details! **Industrial** Equipment to Incl.: 2023 Kubota SVL65 High Flow Skidsteer on Tracks (Only 925Hrs. Warranty to March 2025); 2018 Case 580 SuperN 4WD Extend-a-hoe back-hoe (Only 3400Hrs. – 1 Owner, Local Backhoe); 2007 Cat TL943 Telehandler (Only 2700Hrs. – Local 1 Owner Machine!); Champion 740A Series III Road Grader (6400Hours – Drove In!); Easy Lift Model R130 Gas/Elec Outdoor/Indoor Man Lift on Tracks (Only 1875 Hours – 1 Owner, Very Nice Condition!); JCB JS220 Excavator w/ Manual Thumb; JD 450B Bulldozer w/ 6-Way Blade (Goes Ahead and Back - Needs Steering Clutch); Case 580B Backhoe (Starts, Runs, Moves, Sells w/ 2 Sets of Rear Tires); 8.5' SV1200H Double Auger Industrial Snowblower; 1999 Ingersoll-Rand Diesel Air Compressor (Starts & Works); (2) 53' Highway Trailer; 45' Highway Trailer Flatbed; 16' D/S Snow Pusher; Eager Beaver Tri-Axle Drop Detachable Gooseneck Float; Epoke Sidewalk Salter. Combines Heads/Header Wagons: Case IH 1460 Combine w/ 4618 Hours, sells w/ Case 1083 6-Row Corn head (Drove in from Lancaster!); Case 1020 22.5' Bean Head w/ Air Reel (In Need of Some Repair -Sells on Unverferth Header Wagon (In Need of Wheel Bearings); Gerringhoff PC630 6-Row Corn

Head (Sells on Homemade Cart);

JD 693 6-Row Corn Head (No Cart); JD 930 Flex Head (Sells on

Homemade Header Cart/Wagon);

AUCTIONS

JD 930 Flex Head (Sells on Header Wagon); Homemade Header Wagon; Gleaner M2 Combine (Sells w/ Bean & Corn Head – Orove In). Haying Equipment: NH H746 Discbine; NH 313 Mow Max II Discbine; JD 936 Discbine; JD 1327 Discbine w/ Flails; NH 489 Haybine; Frontier RR2109 Rotary Rake (Like New); Claas Liner 155 Twin Rotary Rake; NH 163 4-Star Tedder; Claas W640S 6-Star Tedder (No PTO); JD Side Deliver Rake; NH Side Delivery Rake; Kverneland UN7558 3PTH Wrapper; Hesston 540 Round Baler; Gehl 1470 Round Baler; NI 483 Round Baler; JD 338 Small Square Baler w/ JD 40 Kicker; 24' Flexi Bale Rack on Tandem Running Gear; 30' Steel Flat Rack on Tandem Running Gear; Several Flat Top Hay Wagons; Bale Basket. Tillage Equipment: 3PTH 4-Meter Lemken Rubin 9 w/ Rolling Baskets & Finger Harrows (Very Nice); Case 496 24' Hyd Fold Rock Flex Disk; Miller 15' Offset Disk; JD 215 14' Hyd Disk; JD 110 12' Hyd Disk; 8' 3PTH Cultivator. Seeding & Planting & Spraying Equipment: JD 1770 Conservation MaxEmerge Plus 12-Row Corn Planter (No Monitor); JD 7000 8-Row Corn Planter w/ Market Cross-Auger; JD 7000 12-Row Corn Planter w/ Market Cross Auger; JD 7000 4-Row Corn Planter; (2) IH Cyclo 4-Row Corn Planters; Case IH 5500 48 Run Minimum Till Bi-Fold Grain Drill w/ Grass Seed; Case IH 5300 Soybean Special Grain Drill w/ Grass Seed (Very Nice); Flexicoil 67 68' Crop Sprayer. Other Farm Equipment & Items to Include: NH 790 Forage Harvester w/ 824 Corn Head & 890W Hay Head; NH 790 Forage Harvester w/ NH 890W Hay Head; Miller Pro 5100 Forage Box on Horst 285 Running Gear; Dion 1018SE Forage Box on Dion Double Reach Tandem Running Gear; JD 100 Forage Blower; 10 Various Sized Gravity Wagons; IH 575 Tandem Manure Spreader; NH 358 Grinder Mixer; Winpower 80/50 PTO Driven Generator; Walmetal V-Mix 575 TMR Mixer; Walinetal V-Mix 373 TMR Mixer; Supreme 60 TMR Mixer; 9 Grind Model 760 Tub Grinder; Ebersol 30' 11" Conveyor w/ Undercarriage; Robert 88" Silage Grapple Bucket (Nice); HLA Silage Defacer Bucket; Frontier RT 1273 3PTH Proteiller (Very Nice); Kieri 3PTH Rototiller (Very Nice); Kioti 5' Finishing Mower (Very Nice); NI Sicle Bar Mower; 3PTH Log Grapple; Unused TMG 3PTH 48"

AUCTIONS

Finishin Mower; Unused TMG 60" 3PTH Offset Ditch mower; Unused Hyd TMG Post Pounder; JD 3PTH Post Hole Auger (with 14", 9" & 6" Bits); Various Snowblowers; Lrg Oty of New & Used Gates & Fencing Supplies; Wic Feed Cart; Valmetal Straw Chopper; (2) New Magnum 4000 Hot Water Pressure Washers; Lrg Assortment of New & Used Tools; Assorted Lawn & Garden Tools/Equipment Including Lawn Mowers & More; Lrg Qty of New & Used Tin. Recreational & Misc. Items to Include: Sea-doo Challenger Boat; 2002 Artic Cat 660 Snowmobile; Honda 4-Trax ATV (No Ownership); JD 6x4 Gator; Several Trailers Including: SWS 2021 14' Tandem Cargo Trailer w/ Ramp Door (Sells w/ Alberta Ownership); Wells Cargo Trailer w/ Barn Doors; 2010 Panther 18' x 6' Beaver Tail Tandem Gooseneck Float; 2007 23'x6' Beaver Tail Triaxle Gooseneck Float; 4.5' x 8.5' Factory Built Bumper Hitch Utility Trailer w/ Drop Down Ramp (No Ownership); 8'x 10' Bumper Hitch Utility Trailer; 6' x 16' Homemade Tilt Trailer; 2012 Roll off Bin Trailer; Double Snowmobile Trailer; Porta-Potty; Large Qty of New & Used Tires; Qty of Used Lumber; Qty of Used Plywood; ValMetal Silo Unloader (Used 3 Seasons) and much, much more!

Pickup and Checkout: Dates to be announced in auction catalog! (NO SUNDAY VISITS OR LOAD-

PREVIEW: Yard open daily 8 a.m. - 6 p.m. NO SUNDAY VISITS OR CALLS

PLEASE BE SURE TO **REGISTER BY 12 NOON** ON SALE CLOSE DAY TO ENSURE APPROVAL

Please note we are also now booking fall and winter on site auctions both live and online. Give us a call to get a head start on planning your auction. The most successful auctions are planned well in advance to maximize exposure, advertising, and overall customer reach. Let us work for you to maximize the return on your assets and/or livelihood.

Everything will be sold as is where is and is subject to all terms listed on the auction catalog – NO **EXCEPTIONS!**

Why show it to only a few buyers when you can show it to many!

AUCTIONS

Trust the team that has been run ning similar sales for years! This isn't our hobby, it's what we do!

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Follow us on Facebook to keep updated on our auction calendar. many great auctions already listed!

COMING EVENTS

ROAST BEEF DINNER &

MURDER MYSTERY SHOW Sat., Nov. 9 at 7 p.m. at North Stormont Place in Avonmore. Show - "The Good The Bad and The Ridiculous", written by Laurie McRae-Bingley -Murder on the Funny Side. Proceeds to the Roxborough Agricultural Society. Advance tickets only available. Tickets and more information on-line at www.avonmorefair.ca or 613-346-5988.

CHRIST CHURCH UNITED ANNUAL CHRISTMAS BAKE SALE & BAZAAR

Sat., Nov. 9 from 9 a.m. - 12 p.m. (5 Casselman St,, Chesterville). 18

PORTUGAL GROUP TOUR OPPORTUNITY

Sept. 26 - Oct. 7, 2025 Globus with and Shelley Cumberland. OMGLetsTravel.ca. Consumer **Evening & Tour Presentation** on Nov. 19 from 7 p.m. - 9 p.m. at the McIntosh Inn in Morrisburg. **RSVP** shelley@omgletstravel.ca or call 613-975-1151. TICO# 50026951

COMING EVENTS

LEGION CRAFT SHOW AND BAKE SALE

Sat., Nov. 16 from 9 a.m. to 2 p.m. \$20 per table for vendors. To reserve a table, please call the Legion at 613-448-1997 or email us at legion434@eastlink.ca and either Isabel or Cathy or Steve will get back to you. Net proceeds are donated to Community Projects.

VOLUNTEER

VOLUNTEER NOW!

Organizations or individuals who have tasks which could be done by students looking for their volunteer hours, are welcome to advertise in this space free of charge for 2 weeks. Call The Record at 613-448-2321 with your requests.

tfc



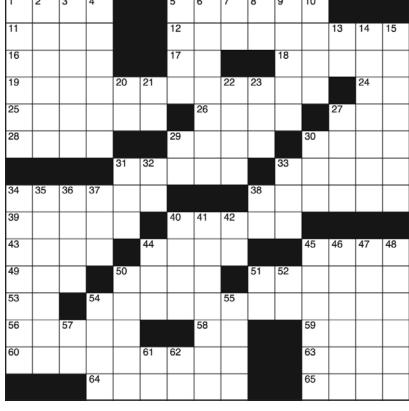




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PUZZLE SOLUTION

THE BENEFITS OF CROSSWORD PUZZLES

Even though crossword puzzles have been entertaining and helping people pass the time for more than 100 years, the benefits of crosswords go beyond boredom-busting. Various studies have shown the positive effects crossword puzzles can have on a person's brain and capacity to learn.

Improve vocabulary Improve socialization

May help prevent brain diseases Crossword puzzles can fill empty hours with an entertaining and educational activity. However, there are many other benefits to doing crossword puzzles that may surprise even the most ardent puzzle enthusiasts.

CROSSWORD PUZZLE FOR THE WEEK OF OCTOBER 31, 2024

CLUES ACROSS

__Spumante (Italian wine)

5. Highly impressed 11. Pronoun to identify something specific

12. Uttered in an impassioned way 16. Outfits

17. "Westworld" actor Harris

18. Stewed game casserole

19. Indignities inflicted on others

24. Blood type

25. Says beneath one's breath

26. Taxis 27. Transmits genetic information from DNA to the

cytoplasm 28. NFL great Randy

29. Where college students live

30. Brief Yankees sensation Kevin 31. Condiment

34. Polish city

CLUES DOWN

1. Open-roofed entrance 2. Japanese religion

3. Dancer's garments 4. Distributes

5. Yemeni port

6. Spanish doctors

7. It cools your house

8. Engine variant

9. Makes more manageable

10. Days (Spanish) 13. Milliliter

14. Spread out from

15. With two replaceable hydrogen atoms

20. Respectful title for a man

21. Equally

22. Scarlett's home

23. Biq Blue

27. Subway dwellers 29. One-tenth of a liter

30. Central European river

31. Distress signal 32. Expression of sympathy

38. Astronomy unit of distance 39 Romanian village

40. Bears first overall pick Williams 43. Irritated

44. Clothing for sale has them 45. One-time world power

49. When you anticipate arriving

50. Farm building 51. Organize thoughtfully

53. Detective 54. One who reduces

56. Nursemaids 58. Partner to "Pa"

59. World's longest river

60. Commemorates

63. Compound

64. The Lannisters and Starks fought for one

65. Email function

33. Bar bill 34. Football equipment

35. Dance music 36. Russian river

37. Mary __, cosmetics

38. Gym class

40. Autos

41 Fourth and honorable name in ancient Rome 42. Defeats (abbr.)

44. A way to color

45. Planet

46. Form of humor

47. Taken without permission 48. Go over again

50. Auto parts manufacturer

51. Detective's source

52. Home of the Flyers 54. Short official note

55. Emit coherent radiation 57. In the year of Our Lord

61. Atomic #18

62. Not from, but.



Extending a helping hand to others

CORNWALL – With housing costs, food and clothing increasing as well as a rising unemployment rate and housing shortage, there are a lot of people in the local area finding it more difficult to make ends meet. Thanks to the work of agencies and organizations whose volunteers and employees who seek to assist individuals during their time of need, hope for a brighter future continues to be felt.

These organizations include House of Lazarus, Community Food Share, the Salvation Army, Agape Centre, as well as several other community groups and Centre 105 in Cornwall Centre work collaboratively with other agencies to ensure assistance is provided to those in need. Centre 105 is located at 105 Second Street in a space which is rented from Trinity Anglican Church and is a Community Outreach Program of the Anglican Diocese of Ottawa.

It began in 2017 with Reverend Peter Cazaly who had served as a chaplain to Ottawa's Centre 454 and responded to a similar need in the Cornwall area. Executive Director Taylor Seguin noted how social interaction is an important part of the services at Centre 105, with clients able to socialize in the dining area, engage in games or when weather permits enjoy some time outside in a recently constructed area called Larry's Place which resulted

SMALL BUSINESS Spotlight



Centre 105 Executive Taylor Seguin is seen in front of the board on which plaques carrying the names of individuals, organizations and business Centre who have made a donation of \$100 to the Centre 105's Sponsor a Shower Tile fundraiser board.

Thompson Goddard Photo

from a collaborative effort between staff and clients.

The program provides an opportunity for clients to enjoy a hot breakfast, an opportunity to shower, socialize, have a rest or sleep on cots located there or sign up to use laundry facilities in a safe, non-judgemental environment. Seguin mentioned there is no designated homeless shelter in Cornwall, and it would appear

there is a similar lack of accommodation for those without a home in the counties.

Centre 105 received support from local businesses and individuals who make donations, with assistance with financial reporting received from the Anglican Diocese of Ottawa. In spring of 2023, it was announced that Centre 105 would receive funding from the Trillium Fund which was used for much needed

renovations which included the updating and creation of laundry, washrooms and shower facilities which included painting.

The executive director, kitchen coordinator, dishwasher and social support worker are all employees of the Anglican Diocese of Ottawa. Seguin mentioned there are generally 15 volunteers at Centre 105, and often there are placement students from St. Lawrence College. He continued how everyone works together forming a cohesive team which is dedicated to ensuring the centre and its clients needs are met. Seguin noted how it has become apparent families with young children are struggling in this economy, with their clients representing a cross section of the local community.

Eat-in or take-out breakfasts are served at Centre 105 beginning at 9 a.m. on Tuesday, Wednesday, Thursday and Friday, with the space available between 8 a.m. until noon to clients. The Agape Centre provides a free lunch Monday through Saturday, with the St. Vincent de Paul Society as well as the Salvation Army operating food banks for those in need. He mentioned the Agape Centre has a Kibble Cupboard for pets, with the Lighthouse providing access to free clothing to clients and on Fridays the community library partners with recovery care, with a nurse and addictions counsellor available.

More information on Centre 105 and other community organizations designed to assist those in need are available on their Facebook and social media sites.

Thank you for the support!

If you would like to have a light shined on your business, please contact us at: editor@etceterapublications.ca or call us at 613-448-2321.

Pin Tales

Stormont Ladies: Ladies' High Single, Hilda Gillard 266; Ladies' High Triple, Sue Chambers 598. Team Standings: Angela 43, Pat 42, Judy 40, Susan 36, Rejeanne 19

Monday Men's: Men's High Single, Alex Robinson 307; Men's High Triple, Alex Robinson 670; Men's High Average, Frank Jerome 238. Team Standings: East-Ont 42, Raiders 36, Alley Cats 34, Alley Rats 22, A Team 18, Country Boys 174.

Defenders: Men's High Single, Glendon Moore 209; Men's High Triple, Glendon Moore 547; Ladies' High Single, Natalie Juhasz 203; Ladies' High Triple, Nathalie Boisvert 517. Team Standings: The Missplits 84, Soggybottombowlers 82, Hasbeans 78.5, Split Happens 77, The Sixty Niners 63.5, Pin Pals 56.

Wednesday Ladies: Ladies' High Single, Joan Larmour 163; Ladies' High Triple, Deborah Patenaude 426. Team Standings: Corinne 217, Sharon 109, Mary 97, Janice 73, Lorna 97, Deborah 82.

Finch Mixed: Men's High Single, John Nagy 300; Men's High Triple, Danny StPierre 627; Ladies' High

Single, Isabelle Bissonnette 221; Ladies' High Triple, Isabelle Bissonnette 616. Team Standings: Ballers 59, Team #4 54, The G.G.'s 51, Balls To The Wall 47.

Thursday Seniors: Men's High Single, Don Connay 192; Men's High Triple, Don Connay 497; Ladies' High Single, Donna 186; Ladies' High Triple, Donna 456.

Avonmore Mixed: Men's High Single, Frank Jerome 268; Men's High Triple, Frank Jerome 728; Ladies' High Single, Lindsay Burnett 186; Ladies' High Triple, Lindsay Burnett 508. Team Standings: Mike 73.5, Monique 72, Jeannette 63.5, Luke 57, Jen 57, Mary 55.

Williamsburg Mixed: Men's High Single, Danny Holmes 223; Men's High Triple, Danny Holmes 571; Ladies' High Single, Judy Munro/Tania Wall (spare) 200; Ladies' High Triple, Donna Leach 500. Team Standings: Dane 41, Danny 38, George 38, Judy 34, John 33, Leslie 26.

Winchester Odd Couples: Men's High Single, Yanick Proulx 267; Men's High Triple, Yanick Proulx 731; Ladies' High Single, Zoey Britton; Ladies' High Triple, Zoey Britton 499. Team Standings: Mad Handicappers 33, The Partimers 31, Meat Loaf 28, The Crew 25, The Youngens 21.

Youth Bowling Canada

YBC Peewees: Girl's High Single, Emma Gagne 49; Girl's High Double, Emma Gagne 98; Boy's High Single, Maximus Power 100; Boy's High Double, Maximus Power 173. Team Standings: Bruins 32, Kings 28, Stars 21

YBC Bantams: Girl's High Single, Vanessa Bissonnette 126; Girl's High Double, Vanessa Bissonnette 251; Boy's High Single, Sam Bissonnette 129; Boy's High Double, Sam Bissonnette 252. Team Standings: Senators 24, Sabers 23, Leafs 22.

YBC Juniors: Girl's High Single, Danika Bissonnette 249; Girl's High Triple, Danika Bissonnette 526; Boy's High Single, Felix Chretien 184; Boy's High Triple, Zach Robinson 482.

YBC Seniors: Girl's High Single, Lindsay Burnett 183; Girl's High Triple, Lindsay Burnett 463; Boy's High Single, Alex Robinson 321; Boy's High Triple, Alex Robinson 716. Team Standings: Jets 56, Red Wings 56 Flames 51, Blackhawks 48, Oliers 46.

Lots of fun for all

Carolyn Thompson Goddard

Record Staff

MOOSE CREEK –
Organized by the Moose
Creek Recreation
Association the 2024
Hallowe'en event held in
the community's recreation
building on Oct. 26 was a
spooktacular success.

From beginning to end, the event featured a whole lot of fun for people of all ages who were able to have their fortunes told, crafts to do or make a badge or button, take a photo as well as enjoy several Hallowe'en inspired games and treats.

"There are some fantastic costumes in here, comment MCRA president Lorena Sollows. She then explained student volunteers from area high schools had designed the 13 games and decorations in collaboration with MCRA members.

She wished to take a moment to thank the community for its support,

the volunteers, Club Optimiste de Moose Creek for the treats for youngsters, Dairy Farmers of Canada for the donation of chocolate milk and Boulangerie Swiss Farmer Bakery for the cookies which were available for people to decorate during the event.

More information on the MCRA is available on their Facebook page.

Denise Beaudette-Manley and Vanessa Sollows enjoy a game of pumpkin tic-tac-toe, with the winner receiving a bottle of chocolate milk. Thompson Goddard Photo









Page 14 The Record

South Stormont holding in person meetings Nov. 14 on draft nuisance bylaw

Terry Tinkess Record Staff

SOUTH STORMONT -When the Township of South Stormont set out to update their noise/nuisance bylaw, they probably did so with the best intentions. It hadn't been updated since 2016 and the world, like it or not, has changed in many ways since then. They should have, however, understood that when the demographic of community changes, you will also see an increase in divergent opinions as to what is acceptable and what is not. They should not have been surprised to discover that when traditional urban dwellers venture out to the countryside, they are sometimes confronted with things they had not considered when the thought of an idyllic country lifestyle first

Council inserted into the process an online survey that sought to get input from as many residents as possible. By the time the timeframe for the online survey had closed, the engagement page had a total of 597 visitors, this from a township that as of 2021 figures had a population of 13521. Of those, only 278 users took the time to complete the survey. (The full Nuisance By-law survey can be found through links on the Speak up South Stormont web site, speakupsouthstormont.ca)

crossed their mind. There

are sights, sounds, and

smells that are a part of

rural living.

Some of the information gathered through the survey is as follows:

- 64.6 per cent of respondents have indicated that they have not experienced noise or nuisances that they would define excessive/unreasonable/pers
- they do not believe a problem with noise or nuisances exists in their
- 11.8 per cent of respondents have made a formal complaint to the Township about an issue with noise or nuisances.
- The three most common noise or nuisances reported directly to the Township were: Firearms (13 respondents), Loud Vehicles, Motorcycles, Dirt Bikes, ATVs, Snowmobiles (8 respondents), Music, Television or Loud Voices a Residence (6 respondents).
- 88.2 per cent of respondents who made a formal complaint to the Township were not satisfied with the response taken to

- 154 respondents indicated that they have concerns about noise and nuisances that they have NOT reported to the Township.
- Of these responses, the three most common issues indicated were: Loud Vehicles, Motorcycles, Dirt Bikes, ATVs, Snowmobiles (67 respondents), Barking Dogs (56 respondents), Railway (22 respondents)
- 68.1 per cent of respondents believe that the existing Nuisance By-law is effective and sufficient.

It would seem to indicate that more than two thirds of the population are satisfied with the status quo, but since it is a relatively small sample (278 engaged residents out of a total of 13,521 or slightly more than two per cent) the Township pressed forward

On Wed., Oct. 9, 2024, Council was presented with the results of the initial public survey for the Nuisance By-law Review as well as a draft bylaw to consider. (Available at speakupsouthstormont.ca).

Draft, as in work in progress, not a complete document or a done deal. It is a long document with, even in draft form, many exemptions, something that makes any law difficult to enforce and it makes little sense to create any rule which you do not have the ability to enforce.

A Public Open House has also been scheduled for Thursday, November 14th in South Stormont Council Chambers where residents can review the Draft By-law and proposed changes, speak with staff about the proposed by-law, and provide comments in-

There will be two Open House sessions on Nov. 14; an afternoon session will be held from 2:00 p.m. - 4:00 • 68.4 per cent of p.m. and an evening session respondents indicated that will be held from 6:00 p.m. - 8:00 p.m.

> The public commentary from the online forum and the in-person Open House sessions will be shared with Council for consideration prior to any decision to adopt the new Nuisance By-

> In response to the firestorm of online comments received, Deputy Mayor Andrew Guindon statement during the most recent South Stormont Council meeting were posted on Facebook. They read as follows:

Thurs., Nov. 21

- "...Specifically, I would like to provide the following preliminary directions to Township staff, subject to council's support:
- If the Township decides to move forward with its

the proposed updates, we must ensure that any changes do NOT negatively affect the Cornwall Motor Speedway's current operations and practices.

- Any updated By-law must be thoroughly reviewed to ensure that it does NOT negatively impact our local hunters and farmers. I would encourage Township staff to continue reaching out to some of our local hunters and farmers for additional feedback.
- If Township staff has not done so already, the new survey should be opened

review and consideration of online, so that we can continue to receive feedback from all residents. That being said, there seems to be a very clear consensus from many of the residents that I have spoken with, that many of the suggested times for noise prohibitions do NOT work for our rural township.

> • The Township must also clearly communicate to residents that, in the event that the Township does move forward with any updates, the use of snowblowers in the winter would STILL be exempted from the noise provisions as

is currently the case with the existing By-law from years ago.

• We need to reach out to the local snowmobile and construction associations to ensure that the concerns that these groups have can be addressed before any updated version of the By-Law is brought back to council for a final decision.

Thank you."

Judging by the number of posts online, and the number of forums where comments have been turned off, there should be a substantial number of people who take the time to attend one of the sessions on Nov. 14.

These sessions, more than any online forum where people can comment as they please under a cloak of anonymity should provide clear direction to council and the Township as to how they should proceed. That is, if they can be bothered to attend. It would be a shame if the opinions of a large majority do not get taken into consideration because most of that majority couldn't find the time or couldn't be bothered to participate.

Helping keep the community warm this winter

Carolyn Thompson Goddard Record Staff

CHESTERVILLE - The cooler weather has arrived in our area and the Winter Clothing Giveaway, held on Oct. 26 at The Gathering Place, provided the opportunity to pick up some warmer clothing for the coming months.

The event was organized by volunteers from Christ Church United, The Gathering House and Soloman's Porch. People were able to enjoy a complimentary cup of coffee, an opportunity to socialize and to peruse the wide selection of complimentary clothing available. These included items for men, women and children such as coats, tops, slacks, shoes and a selection of clothing for hunters.

"I do this to help our community to ensure they are warm for the winter." commented Christine Van De Broek, office administrator at The Gathering House. She continued how we are always guaranteed cold weather in the winter and the need for warmer clothing is always present.



As the event wound down and organizers began packing the remaining clothing and accessories, they took a moment to gather for a photograph. From the left: Christine Cross Barkley, Christina Kozmin, Louis Lannin, The Gathering House Pastor Shawn Van De Visch, Christine Van Den Broek and Susan Sullivan. Thompson Goddard Photo

Christine Cross-Barkley of Christ Church United, explained this is the fourth year for the event, noting one was held before the COVID-19 pandemic and three since then. She noted the items available were donated

from the community and any remaining clothing will be provided to local thrift shops and organization such as the House of Lazarus and the Old Bargain Shop which is located at St. Andrew's Presbyterian Church in Chesterville.



ALL SENIORS RESIDING IN NORTH STORMONT TOWNSHIP

6 Nelson Street, Finch, ON K0C 1K0 613-984-2436 www.carefor.ca

CONGREGATE DINING

DINE-IN BREAKFAST - 8:30 A.M. Pancakes, scrambled eggs, breakfast sausage, yogurt parfait, coffee, tea, juice – \$7

TAKE OUT DINERS' - PICK UP AT 12 P.M. (Please bring your own bag!)

Thurs., Nov. 7 Soup, spaghetti, garlic toast, caesar salad, dessert – \$9
Thurs., Nov. 14 Chicken mushroom stroganoff, garlic toast, side salad, dessert – \$9
Thurs., Nov. 28 Honey garlic pork chop, brown rice, mixed vegetables, dessert – \$9

DINE-IN DINERS' CLUB Join us for a fun twist at the Topsy Turvy Diner - where dessert comes first! Lemon Pot De Crème (served first!) Pork roast, wild rice, green beans – \$9 Fri., Nov. 22 To RSVP for diners, call the Carefor North-Stor Support centre at 613-984-2436 or mcuerrier@carefor.ca

PROGRAMS Holiday Food Train Food Drive. Help us collect non-perishable food donations to support those in need this season. We will deliver all donations on Nov. 28. Fri., Nov. 1

1 p.m. – Movie Matinee: A heartwarming film that follows the lives of Julia Child and a modern-day blogger as they explore the joys and challenges of cooking. Thurs., Nov. 7 2 p.m. - Cranberry Apple Sparkler. Sip & Chat: Come join us in the lounge. Enjoy a fancy non-alcoholic drink and catch up with friends in a cozy atmosphere.

11 a.m. – There is a Remembrance day Ceremony.

1 p.m. – Ontario Dental Plan. Join Brittney Larmarche from the EOHU, learn how

to access free, routine dental care for eligible seniors through the Ontario Dental Program.

10 a.m. – Thursday Reflections with Pastor Scott: Join us for a time for worship Thurs., Nov. 14

fellowship and spiritual reflection. All are welcome I p.m. – Power of Attorney, Join Clara McGregor from Ault and Ault for an informative session on the importance of Power of Attorney, its benefits and how to set one up. Fri., Nov. 15

2 p.m. – Steep and Sip: Tea Tasting. Sip & Chat: Come join us in the lounge. Enjoy a fancy non-alcoholic drink and catch up with friends in a cozy atmosphere. Scams and Faud Prevention (following lunch). Join Shawna-Lynn Russell from Fri., Nov. 22 Victim Services. Lean about common scams, how to spot them, and ways to protect yourself. Stay informed and stay safe!

1 p.m. – Caregiver Support: Being a caregiver comes with its own set of challenges, but

you don't have to navigate it alone. Join us to talk, listen and learn from one another. 11 a.m. - 2:30 p.m. – Santa is Here! Meet & Greet. Make your own ornament, homemade Christmas cookies and hot cocoa, Ryder + Rose Photography on Site to Thurs., Nov. 28 capture a photo with Santa in a beautiful backdrop setting (by donation, proceeds go Fri., Nov. 29 1 a.m. - 2 p.m. – Treasures from the Attic day. Bring a cherished item, enjoy a \$9

buffet lunch and an antique dealer presentation.

Every Monday 10 a.m. – Chair Yoga / Fitness Classes. Please call ahead if you wish to attend \$7 per class.

Every Thursday 9 a.m. – Wellness & Nordic Pole Walking. Every Monday

FOOTCARE - Second and Fourth Friday. Call the centre to book an appointment WELLNESS - Second and Fourth Tuesday. Call the centre to book an appointment. To register for programming, call Carefor North-Stor Support centre at 613-984-2436 or email mcuerrier@carefor.ca or csayers@carefor.ca. *Visit or call the centre to learn about other activities and events



Carefor NORTH STOR SUPPORT CENTRE

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RUSSELL TOWNSHIP'S REMEMBRANCE WEEK ACTIVITIES

Armistice Dinner

November 9 at the Russell Legion.

Casselman

Organized by Community of Casselman.

November 10, 2024, at Casselman Cenotaph. Parade will gather at 756 rue Brebeuf, (Paul-Emile Levesque Centre) Casselman for 9:15 a.m. Parade will depart and march to 715 Principale St., (Casselman Cenotaph) for ceremony starting at 10 a.m. Residents are invited to the Paul-Emile Levesque Centre (756 rue Brebeuf Centre) for refreshments after the ceremony for refreshments.



We deliver to Russell, Embrun, Limoges, Vars, St. Albert

867 Notre Dame St., EMBRUN, ON

Organized by the Russell Legion. November 11, 2024, at 24 Legion Lane Russell (Russell Legion). Ceremony begins at 10:30 a.m. Residents are invited to the Russell Legion (24 Legion Lane, Russell) after the ceremony for refreshments and snacks.

Organized by the Limoges Recreation Committee. November 11, 2024, at 11 a.m. at 461 Limoges Road, Limoges (Cenotaph).

Russell Lions Club

www.lionsrussell.com

We Serve

Organized by the Russell Legion. November 11, 2024, at 3 p.m. at 717 Notre-Dame St., Embrun (Russell Municipal

Township Building). Residents are invited to the Russell Legion after the ceremony for refreshments and snacks.



110 Craig St., Russell, ON K4R 1C7 Mon. - Fri. - 9 a.m. - 7 p.m.; Sat. - 9 a.m. - 4 p.m.; Sun. - Closed Tel: (613) 445-5555 Fax: (613) 445-0382



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24 Legion Lane, Russell (Russell Legion) Ceremony begins at 10:30 a.m.

Residents are invited to the Russell Legion after the ceremony. This event is hosted by the Russell Legion.









Dr. Hans Guo, Dr. Alata Zaher & Dr. Victor Gong | 613.445.0885 info@brightdentalcentre.com | www.brightdentalcentre.com

305 Castor Street, Russell ON

613-445-0885

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Russell Council presents a Citizen Recognition Award to Dr. Darrell Menard

Terry Tinkess Record Staff

EMBRUN - Russell Township Council had the distinct honour of presenting a Citizen Recognition Award to Dr. Darrell Menard, celebrating his outstanding service and unwavering dedication to the residents of our community.

New roundabouts lead to questions on how to use them properly

Terry Tinkess

Record Staff

RUSSELL TOWNSHIP – Members of the Russell County Detachment of the Ontario Provincial Police have recently received numerous questions from motorist concerning the rules of the road regarding roundabouts.

Like many other communities in the area, Russell Township is seeing upgrades in local infrastructure, which include the addition of roundabouts.

Here are tips on how to use roundabouts as provided on Ontario.ca.

When entering a roundabout, you should always do visual checks of all vehicles already in the roundabout and those waiting to enter (including cyclists).

Traffic in the roundabout has the right-of-way. When preparing to enter the roundabout, pay special attention to the vehicles to your left. Adjust your speed or stop at the yield sign if necessary.

Watch for a safe opportunity to enter the roundabout and only enter when there is an adequate gap in the circulating traffic flow. Don't enter directly beside another vehicle already in the roundabout, as it may be exiting at the next exit.

Once in the roundabout, always keep to the right of the centre island and travel in a counterclockwise direction.

Once you are in the roundabout, you should not stop except to avoid a collision; you have the right-of-way over entering traffic. Do not change lanes while in the roundabout. If in the inside lane and you miss your exit, you must continue around until you meet your exit again.

When exiting a roundabout, you should be sure to signal your exit and watch for pedestrians.

You should also stay to the left if you entered from the left lane or stay to the right if you entered from the right lane and maintain your position relative to other vehicles.

Once you have passed the exit before the one you want, use your right-turn signal to show other drivers and pedestrians what you plan to do.

If exiting from the left lane, watch out for vehicles on the right that continue to circulate around the roundabout.

Pedestrians, if there is a crosswalk and flashing lights that are activated by pushing a button before stepping off the curb, please use these features. This equipment was installed to allow you to cross safely.

For more information visit Changing directions | The Official Ministry of Transportation (MTO) Driver's Handbook | ontario.ca

Dr. Menard has long been a cornerstone of Russell, not only through his work as a respected physician but also as a passionate community leader who has made an impact both locally and internationally.

Having lived in Russell for many years, Dr. Menard has earned the admiration and gratitude of many. His devotion to the health and well-being of residents is evident in the countless hours he has spent caring for patients, whether treating illnesses or sportsrelated injuries, at any time of day or night. His work exemplifies a deep commitment to the health and welfare of the people he serves.

Dr. Menard's contributions go far beyond township, numerous achievements on the international stage. One of the most notable was his role as a guide runner, helping visually impaired athlete Jacques Pilon win a Paralympic Gold medal. In addition, Dr. Menard served with distinction as a medical doctor during Canada's peacekeeping mission to Bosnia, further underscoring his dedication to service in times of need.

In recent years, Dr. Menard has continued to contribute on a global scale, participating in several international Paralympic sporting events, providing medical support to Canadian athletes. He is also a personal mentor and inspiration in Aboriginal rights and freedoms, offering invaluable advice to those in need.

Closer to home, Dr. Menard has been a steadfast



Presenting an award to someone who so obviously deserves it is one of the most enjoyable parts of being a member of council. From left: Councillor Jamie Laurin, Councillor Charles Armstrong, Mayor Michael Tarnowski, Dr. Darrell Menard, Councillor Marc Lalonde, Councillor Lisa Deacon.

Courtesy Photo

supporter of local causes. He has volunteered as a guest speaker and entertainer at various fundraising events, lending his support to community organizations such as the Kin Club, Curling Club, and Knights of Columbus. His generosity and willingness to give back to the community are just a few of

the many qualities that make him a deserving recipient of the Citizen Recognition Award.

Dr. Darrell Menard's legacy as a compassionate father, dedicated physician, accomplished athlete, Métis advocate, and selfless community volunteer has left an indelible mark on the Township of Russell, which

is fortunate to count him as one of their own. His many contributions will continue to benefit Russell for years to come.

The entire Township extends its heartfelt thanks to Dr. Menard for his remarkable service, and proudly congratulate him on this well-deserved recognition.

So, once Halloween is over, what do you do with your pumpkin(s)?

Terry Tinkess Record Staff

RUSSELL – Once Halloween is over, many people are left with pumpkins that served their decorative purpose but are now in need of a new home. Instead of simply discarding them, there are several eco-friendly ways to make the most of your pumpkins post-Halloween.

Many local farms are more than happy to take leftover pumpkins off your hands. It's a win-win situation as these pumpkins can serve as tasty treats for the animals. However, before you donate, ensure that your pumpkins are free of wax, paint, and are not rotten. Farm animals will appreciate your contribution.

Not sure where to bring them? You can bring pumpkins, straw bales and corn stalks to 141 Sunset Crescent in Russell, as long as you do so before 1 p.m. on Nov. 5. These residents make drop-offs to a dozen farmers in the area, and they use these to feed cows, pigs, chickens, goats, sheep and horses.

You don't need to have four legs to be able to enjoy creatively prepared pumpkin after Halloween has passed. Uncarved pumpkins can still be turned into delicious dishes. There's a wealth of recipes out there that use pumpkin as a key ingredient. Whether you're making pumpkin soup, roasted pumpkin seeds, or a sweet pumpkin pie, you'll discover a new culinary adventure with your Halloween leftovers.

If you have a garden, consider leaving the pumpkin shells to decompose. As they break down, they'll release valuable nutrients into the soil, enriching it for the upcoming spring planting season. This is an excellent way to reduce waste and boost your garden's health simultaneously.

Leaf and yard waste collection in Russell will take place the week of Nov. 4. Have your pumpkins, leaves, branches and garden waste placed by the curb side by 7 a.m. on your regular collection day for pickup or bring them to the GFL Transfer Station at 211 Corduroy Road, Vars for free during their opening hours.

By following these simple steps, you can ensure that your Halloween pumpkins continue to serve a purpose even after the spooky season ends. Plus, it's a great opportunity to contribute to your local community and reduce food waste, all while enjoying the many benefits of these versatile gourds. So, instead of trashing your pumpkins, think about how you can give them a second life in a sustainable and eco-friendly way.



ARIES – Mar 21/Apr 20

Your energy levels are soaring this week, Aries. Channel this vitality into a new project or personal goal. Be cautious of being too impulsive, and think things through before acting.

TAURUS – Apr 21/May 21

Embrace flexibility in your personal life, Taurus. Being open to change will lead to unexpected opportunities and strengthen your relationships. There are a few surprises ahead.

GEMINI – May 22/Jun 21

Communication is key for you this week, Gemini. You may find that your words carry extra weight and influence. Use this to your advantage at work and in your personal life.

CANCER – Jun 22/Jul 22

Cancer, focus on behind-the-scenes work around the office — it's not always about being in the spotlight that gets you ahead. All of your contributions are valuable.

LEO – Jul 23/Aug 23

Leo, embrace your natural charisma and confidence, but also remember to show appreciation for the people who support you. Balance is key in all social situations this week.

VIRGO – Aug 24/Sept 22

It is time to get organized, Virgo. Tackle any lingering tasks or projects that need your attention. Your meticulous attention to detail will serve you well as you bring order to things.

LIBRA – Sept 23/Oct 23

Libra, focus on finding harmony in your relationships this week. You might need to mediate conflicts or offer support to loved ones. Use your diplomatic skills to create balance.

SCORPIO – Oct 24/Nov 22

Trust your instincts when making decisions, especially those related to work or personal projects, Scorpio. Your intuition is pretty sharp this week, so use it to your advantage.

SAGITTARIUS – Nov 23/Dec 21

Sagittarius, adventure is calling out to you. Whether it's a spontaneous trip or exploring a new hobby, embrace opportunities to expand your horizons.

CAPRICORN – Dec 22/Jan 20

Capricorn, your dedication and hard work are likely to be recognized, leading to potential advancement or new opportunities. Just wait for all of the exciting things to come your way.

AQUARIUS – Jan 21/Feb 18

Use creative energy to explore new ideas or tackle creative projects, Aquarius. When you interact with others, you also may gain some fresh ideas to use to your advantage.

PISCES – Feb 19/Mar 20

Pisces, this week calls for reflection and healing. Take time to address any emotional needs and seek support if you want to talk to someone or simply need another be close to you.



